



Community Outreach

Activities

By

**Department of Social Work, Unnat
Bharat Abhiyan, Red Ribbon Club, Red
Cross Society**

In the Year 2022

A survey of households below Poverty Line in Dehra in collaboration with Sewa Bharti

Students of MSW Semester I of the Department of Social Work in collaboration with Sewa Bharti, Dehra conducted a survey of households Below Poverty Line (BPL) between 1 January, 2022 to 22 January, 2022 as part of their winter-internship program. Based on a vulnerability index, the students identified twenty-two households under the extremely vulnerable category. The survey was followed by interaction with the members of each household. During this interaction, the students along with the volunteers of Sewa Bharti, scholars and faculty members of the department enquired about the problems faced by these families and the benefits received by them from government schemes. Further, blankets were also distributed to the old and sick members of these households.



Blanket Distribution in Identified BPL Family



Blanket Distribution in Identified BPL Family

Gift of Mobility

Gift of Mobility' event was held on Wednesday 06 of April 2022 from 09:00 AM to 02:00 PM at Sanatan Dharam Sabha Hall Depot Bazaar, Dharamshala (176215), Himachal Pradesh. The event was organized for the differently-abled persons to give an LN-4 prosthetic hand which was free of cost. Gift of Mobility event is a joint effort of 'RatnaNadhi Charitable Trust', 'Rotary Club of Dharamshala (RID3070)', 'Rotary Club of Poona Downtown (RID3131)', 'Ellen Meadows Prosthetic Hand Foundation of USA' and the event was sponsored by Deputy Commissioner Kangra Dr. Nipun Jindal (IAS). Also, the volunteers from across India participate and help the beneficiaries. The president of this event is Rtn. SangramGuleria, Secretary Rtn. Ajay Sharma, Project Chairman Rtn. V.S. Parmar, Project President Rtn. Asis Ray and Project Chairperson Rtn. Sujata Malkani. The motive of this event was to give an LN-4 Hand that is simple and functional. They also provided training i.e. physical (real time) as well as video graphic aid in the same event.

Some Glimpses of the event



Some Glimpses of the event

WHO Pulse Polio Monitoring Programme as External Monitors

The Department of Social Work, Central University of Himachal Pradesh (CUHP) located at Dehra Sapt Sindhu Campus, District Kangra, Himachal Pradesh in collaboration with SMO Shimla, World Health Organization (WHO) organized Intensive Pulse Polio Monitoring programme (IPPI) in which students pursuing Masters of Social Work were selected for monitoring the programme as External Monitors. A training programme for the students of MSW Semester II and IV was held in Dehra on 09th February 2022. After the training the students were assigned the task of External Monitors for four consecutive days.



The field monitoring this year was scheduled from 27th February to 02nd March 2022 in which the selected students were posted at different locations in Himachal Pradesh. In four days, different monitoring tasks were assigned to the students like Booth Monitoring for first day, followed by High Risk Areas (HRAs) monitoring, House to House visits and Transit sites monitoring on the last day of the programme. Stipend of INR 1200/- was also given to each pair of External Monitors along with a travelling allowance and certificate for participation.

Awareness of Water Conservation Structures & Cleanliness Drive

‘Awareness of Water Conservation Structures & Cleanliness Drive’ organised by department of Social Work, Central University of Himachal Pradesh (CUHP) located at Dehra Sapt Sindhu Campus II, district Kangra, Himachal Pradesh in collaboration with Central Ground Water Board (CGWB), Dharamshala, Ministry of Jal Shakti, Government of India on Tuesday 29th March 2022.



Participants during field work



Students and Scholars during Cleanliness drive



Group Photograph of all the Participants

The Chief Guest was Prof. Narayan Singh Rao, Dean, School of Social Sciences and Resource persons were Mr Jayant Bhagat, Director, Central Groundwater Board and Dr Sanjay Pandey, Scientist, Central Groundwater Board, Dharamshala.

As part of the programme a lecture by the Resource Person and Field Visit at Check dam near Nakerkhad, Jwalamukhi road, Himachal Pradesh was conducted. Prof. Rao told that such sessions play an important role in enhancing the learning of the students. Mr Jayant Bhagat, Director, Central Groundwater Board shared that in HP groundwater level is good and sustaining this level of groundwater is very important. CGWB is playing a pivotal role, as stated by Mr Bhagat. Dr Sanjay Pandey, Scientist, Central Groundwater Board stated that students especially social work students should be sensitized about technical aspects related to groundwater conservation; so that they can be change agents for a sustainable tomorrow. This activity was

followed by the cleanliness drive at the field location at check dam near Nakerkhad, Jwalamukhi road, Himachal Pradesh. Faculty members, research scholars with MSW Semester II and IV students participated in the day long programme.

Initiation of Unnat Bharat Abhiyan by Department of Social Work

Subsequent to the appointment of Dr Shashi Punam as the University Nodal Officer of the *Unnat Bharat Abhiyan*, five villages were adopted near the Sapt Sindhu Parisar, Dehra under this campaign. The Department of Social Work decided to send the MSW Semester I students and research scholars undergoing course work to these villages as part of their concurrent field work. The students were instructed to apply basic participatory research techniques like transect walk, community mapping and resource mapping in these villages. The faculty members assisted the students in building initial rapport with the villagers. The five villages are: Snoot, Barwara, Gher, Bongta, and Shivnath. The department has decided to involve the villagers in the future events being organised by the Department.

Role of Youth, Police & Communities in Disasters and Forest Fire Management

The Department of Social Work, Central University of Himachal Pradesh (CUHP) located at Dehra Sapt Sindhu Campus, District Kangra, Himachal Pradesh organized a three Days Online Capacity Building Programme for adopted villages, on the Role of Youth, Police & Communities Disasters and Forest Fire Management in collaboration with National Institute of Disaster Management (NIDM) from 18th-20th May, 2022 with the objectives as follows:

- To improve understanding of hazards, vulnerabilities and risks of disasters and by knowing what to do during disasters, we can minimize the losses. To develop capacities of all the stakeholders in general and local communities in particular to cope with disasters and carry out awareness campaigns in their respective districts right up to village level. To cooperate and encourage people to face the problems and contribute to the agencies involved in relief works during disasters.
- To empower youths to participate in the field of disaster management.

CHIEF PATRONS & PATRONS

CONVENERS

COORDINATORS

EXPERT DIGNITARIES

Dates: 18, 19 & 20 May 2022 (Wednesday to Friday)
Time: 11:00 AM - 01:30 PM

YouTube Links:
 Day 1: https://youtu.be/003gz_Km1cQ
 Day 2: <https://youtu.be/qoBmrol2nCc>
 Day 3: <https://youtu.be/uq5v1ziHmXk>

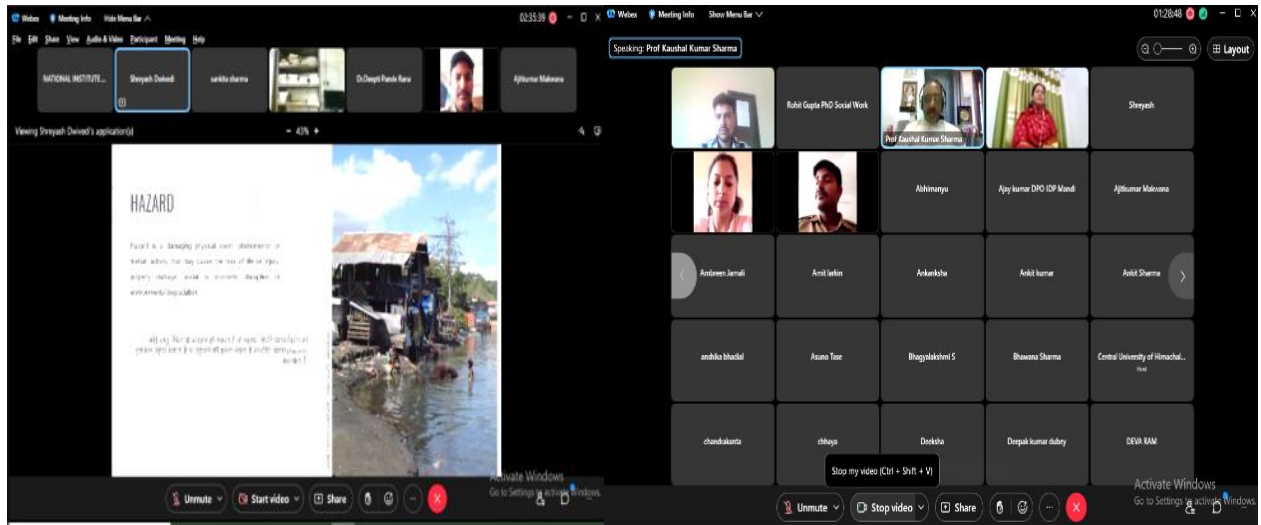
Joining Link:
For Registration: <https://training.nidm.gov.in/>

***Certificates will be issued to all successful participants**

Stay Protected from Corona
 Wear your Mask Properly
 Wash your Hands Regularly
 Maintain Social Distancing

Various online sessions held for three days covering variety of topics like Special Address: Disaster Resilience in Himachal Pradesh; Role of Communities in Hazard, Risk and Vulnerability analysis; Role of Police in Community based Disaster Management; Role of Police in Forest Fire Management; Disaster Risk Management – A Community based Participatory Approach; Forest Fire Management in India: An Overview on Community Participation in Forest Fire; Causes of Landslides: Effects and Prevention in Himachal Pradesh; Forest Fire and Measure to Control: Overview; Glacial Lake Outburst Floods in Himalayas (GLOF), Guidelines for Disaster Resilience and Role of Youth in Himalayan Region; Vulnerability of Himalayan Community to Climate Hazard and Risk Assessment in the Himalayan Region; Discussion on Hazard Risk Vulnerability Profile of the HP region and institutional mechanisms. All the sessions were followed by question answers sessions respectively. Speakers discussed disaster management awareness on a community level in Himachal Pradesh, as well as an introduction to disaster management and recommendations for a safer, more resilient, and dynamic society in the Himalayan area.

Some Glimpses of the Program



In total there were around 215 participants who joined online through Webex meet (virtual platform) and represented different states and regions of the country. Sessions were moderated by MsSankita, Research Scholar (Social Work) and Prof. Narayan Rao, Dean (School of Social Sciences) offered summed up the session and presented formal vote of thanks to the chair in the end of session.



Balidaani Diwas

A *Pushpanjali Sabha* was organised by the Department of Social Work to mark the *BalidaanDiwas* of Amar Balidani Pankaj Badiyaal ji on 29 June 2022. Pankaj Badiyaal was a resident of Snoot village, one of the villages associated with the University as part of the Unnat Bharat Abhiyan. The Naib Tehsildar Shri Surinder Kumar was the Chief Guest. The bust of Pankaj Badiyalin the Government Primary School was also garlanded by the members of Pankaj Badiyal's family, faculty members, students, and Shri Surinder Sood of Sewa Bharti and other prominent citizens of Dehra. Students presented his life sketch and discussed how he



still inspires the local youth to sacrifice oneself for the motherland. Prof. Narayan Singh Rao, Dean, School of Social Sciences also offered his tributes to the *Balidaani*.

“YUGA PARIVARTAN KI VELA”

A week long programme titled Yuga Parivartan ki Vela was organized by the Department of Social

Work in which series of activities were organized listed below:

1. Video Making Contest based on theme ‘Protect the Environment’ to celebrate World No Tobacco day (31-05-2022- 03-06-2022).
2. World Environment day celebration (03-06-2022- 06-06-2022) to promote theme: ‘Only One Earth’.

Video Making Contest

A Video Making Contest was organized by the Department of Social Work as part of Yuga Parivartan ki Vela, a departmental level programme to celebrate World No Tobacco day (May 31, 2022) based on the theme 'Protect the Environment'. The registration start date was May, 31, 2022 and the closing date was 01-06-2022. Participants had to capture short video having content linked with the theme and had to post the content on atleast one social media account to maximize the reach of their voices. The last date of submission of the video was 02-06-2022 (02:00 Pm).



Flyer of the Video Making Contest

World Environment Day Celebration- “Only One Earth”

Day 1

Friday June 3, 2022

A plantation drive was organized by the Department of Social Work as part of series of department level activities “Yuga Parivartan ki Vela” to promote this year’s World Environment day theme “ Only one Earth” on June 3, 2022 at Government Primary School Sanot, Dehra (H.P) and office of Fisheries Officer, Department of Fisheries, Sanot, Dehra (H.P) under the guidance of Dr ShashiPunam, Head (Department of Social Work).The Chief Guest of the event was Prof. Narayan Rao, Dean, School of Social Sciences. Other guests present were:Smt. RajeshwariPrincipal, Government Primary School, Sanot (H.P)

Firstly, Swachhta pledge taking ceremony took place at the school in which pledge was taken to remain committed towards cleanliness and devote time for cleanliness. After the pledge, saplings were planted by the Chief Guest and others. After that refreshment was offered. Nukkad Natak was enacted by the MSW II semester students



to engage the school students.

Plantation drive at the Office of the fisheries officer on dated 03-06-22

In addition to this, saplings were also planted at the office of Dr Kavita Thakur, Fisheries officer (Dehra, Pong Reservoir), Department of Fisheries, Sanot (H.P). All the students, Research scholars, and Faculty members of different departments were part of the programme.



Day 2 : Cleanliness drive at TalaiKuru, Dehra, HP

On the eve of World Environment Day June 4, 2022, a cleanliness drive was organised by the Department of social work, Central university of Himachal Pradesh under the guidance of Dr. ShashiPoonam, Head, Department of Social Work.

Students cutting weeds extra grass on dated 04-06-2022

All the students of the department arrived early at 6:30 am with the required tools. Tasks were divided among students in teams. One team collected wastes, other team cleaned water tank and pathways, third team cut the weeds and extra grasses whereas fourth team started digging areas for the plantation of plants. One person was given task of documenting and maintaining attendance. The cleanliness drive ended around 1 pm.

Students collected wastes during plantation drive on dated 04-06-2022

Day 3 Plantation drive at TalaiKuru, Dehra, HP

A plantation drive organized by the Department of Social Work as part of series of department level activities “Yuga Parivartan ki vela” programme on the auspicious occasion of World Environment day, June 5, 2022 at TalaiKuru, Dehra (H.P) to promote this year’s theme “ Only one Earth” under the guidance of Dr ShashiPunam, Head (Department of Social Work) who delivered the welcome note. The Chief Guest of the programme was Prof. Narayan Rao, Dean, School of Social Sciences and other guest members were: Prof. Asutosh Pradhan, Head, Department of Sociology and Social Anthropology, Sh. SurinderSood, Distt. Coordinator, SewaBharati, Capt. Dilbag (Retd.), Dr RanbirJaswal, Smt. Anjana Thakur, Pradhan (PanchayatSanot)







स्वच्छता शपथ

मैं शपथ लेता/लेती हूँ कि, मैं स्वयं स्वच्छता के प्रति सजग रहूंगा/रहूंगी और उसके लिए समय दूंगा/दूंगी। हर वर्ष सौ घंटे यानी हर सप्ताह दो घंटे श्रम दान करके स्वच्छता के इस संकल्प को चरितार्थ करूंगा/करूंगी।

मैं न गंदगी करूंगा/करूंगी, न किसी और को करने दूंगा/दूंगी। सबसे पहले मैं स्वयं से, मेरे परिवार से, मेरे मोहल्ले से, मेरे गांव से और मेरे कार्यस्थल से शुरुआत करूंगा/करूंगी। मैं यह मानता/मानती हूँ कि, दुनिया के जो भी देश स्वच्छ दिखते हैं उसका कारण यह है कि वहां के नागरिक गंदगी नहीं करते और न ही होने देते हैं। इस विचार के साथ मैं गांव-गांव और गली-गली स्वच्छ भारत मिशन का प्रचार करूंगा/करूंगी। मैं आज जो शपथ ले रहा/रही हूँ वह अन्य सौ व्यक्तियों से भी करवाउंगा/करवाउंगी ताकि वे भी मेरी तरह सफाई के लिए सौ घंटे प्रयास करें। मुझे मालूम है कि सफाई की तरफ बढ़ाया गया एक कदम पूरे भारत को स्वच्छ बनाने में मदद करेगा।

जय हिंद।

SWACHHTA PLEDGE

I take this pledge that I will remain committed towards cleanliness and devote time for this. I will devote 100 hours per year. That is two hours per week, to voluntarily work for cleanliness.

I will neither litter nor let others litter. I will initiate the quest for cleanliness with myself, my family, my locality, my village and my work place. I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen. With this firm belief I will propagate the message of Swachh Bharat Mission In Villages and towns. I will encourage 100 other persons to take this pledge which I am taking today. I will endeavor to make them devote their 100 hours for cleanliness. I am confident that every step I take towards cleanliness will help in making my country clean.

Unnat Bharat Abhiyan
Central University of Himachal Pradesh



Swachhta pledge taking ceremony and Nukkad Natak enactment on dated- 05-06-22

After the welcome note, Swachhta pledge taking ceremony took place. Nukkad Natak based on theme “Plant Trees, Save Environment” was enacted by Bhavana, Deeksha, Kartar, KunzangLhamo, Nikita, Nishant (MSW II semester students). After the Nukkad Natak, plantation drive started in which all the guests along with faculty members, students and community influencers participated in which around 30 saplings each of Mango, Guava, Blackberry, medicinal plants like neem and many more were planted.



Chief Guest along with other guests planted saplings on dated 05-06-22

Students singing patriotic songs on dated 05-06-2022





Dr DigvijoyPhukan, Assistant Professor, Department of Social Work sung patriotic song on dated 05-06-22

After the Nukkad Natak, everyone gathered for recreational activities where patriotic songs were sang by the students and faculty members (Department of Social Work). After the recreational activities, results of Video making contest, organized by Department of Social Work as part of “Yuga Parivartan Ki Vela” programme was declared and certificates of appreciation was awarded to the winners. Rohit Gupta, Research Scholar (Social Work) bagged Ist position, Deeksha (MSW II semester student)) bagged IInd position, Ruchika Thakur (MA 2nd semester student, Department of Sociology and Social Anthropology) bagged 3rd position. After declaration of results, refreshment was offered to all.



Rohit Gupta, Research Scholar (Social Work) bagged Ist position in Video Making Contest and received certificate of appreciation on dated- 05-06-22



Deeksha (MSW II semester student) bagged IInd position in Video Making Contest and received certificate of appreciation



In total there were around 50 individuals including Chief Guest, other guests, faculty members, research scholars, and students of the Department of Social Work, faculty members and students from other departments, ABVP volunteers who were a part of the Environment day celebration.



A formal vote of thanks was offered by Prof. Narayan Rao, Dean, School of Social Sciences.

World Environment Day celebration at Talai Kuru on dated 05-06-2022

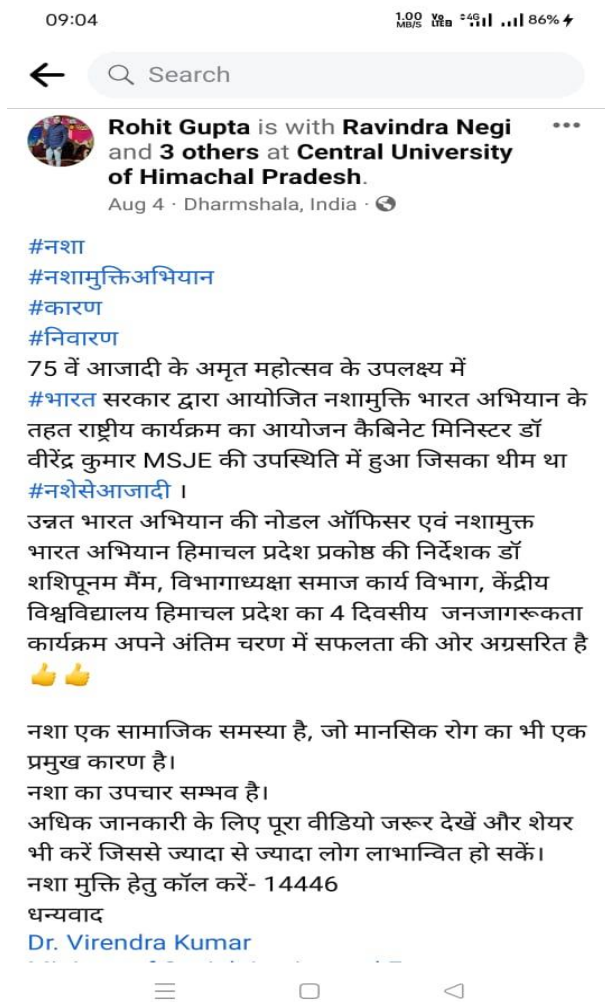
Nasha Mukht Bharat Abhiyaan organized ‘Nashe se Azadi’ - National Youth and Students Interaction Program

Report

As our country celebrated Azadi Ka Amrit Mahotsav (AKAM) this year, Nasha Mukht Bharat Abhiyaan organized ‘Nashe se Azadi’ - National Youth and Students Interaction Program on 4th August 2022 wherein the Ministry identified 75 Universities/institutions. These institutions participated in a daylong event and organized various activities related to awareness etc. about drug use (online and offline mode) . Central University of Himachal Pradesh is the one and best university which is organized various activities from 1st august to 4th august,2022 related to awareness etc. about drug use (online and offline mode)

Video link with story submitted by Rohit Kumar Gupta

https://m.facebook.com/story.php?story_fbid=pfbid0yh69TceEgpbkCdvs72iEY4e6LArq71M7aYPLG8njKHcgWrcxpgeGP1PGGMq6YxAHI&id=100002644781453&sfnsn=wiwspmo



Pledges in the Schools and at adopted villages

As part of 'Azadi Ka Amrit Mahotsav.' celebration, hundreds of students of school of Social Sciences various department took the pledge under Nasha Mukta Bharat Abhiyaan campaign (NMBA)/Drug Free India campaign on Friday against substance abuse and vowed to stay away from drugs and make a drug free country. Pledges will be held in the nearby school, Community on Nasha Mukta Bharat Abhiyan.



Panel Discussions on NMBA:

NMBA is a flagship campaign under Ministry of Social Justice & Empowerment to enhance the evidence based approach towards substance abuse. As part of 'Azadi Ka Amrit Mahotsav.' celebration, hundreds of students of school of Social Sciences various department took the pledge under Nasha Mukta Bharat Abhiyaan campaign (NMBA)/Drug Free India campaign on Friday against substance abuse and vowed to stay away from drugs and make a drug free country. On the occasion of Nasha Mukta Bharat Abhiyaan, panel discussions on issues relating to substance use, including as prevention, treatment, and rehabilitation, were held on campus, at the neighbourhood school, and in the community as well.



Signature Campaign on NMBA

Under the Nasha Mukta Bharat Abhiyan programme, the signature campaign was launched on campus and ran throughout the school, college, and community to raise awareness about drug usage.



11. Essay/Painting

The coordinator received a handmade painting and an essay for evaluation. digital files to be sent through the URL created after registration.





Visited to prison at Dharamshala and make awareness among prisoners about Nasha Mukta Bharat Abhiyan



Conducted a meeting with District Youth Sport officer & Youth Officer to aware the sport personnel regarding NMBA

Awareness drives nearby ITI Institute, B.Ed College

Awareness drives nearby ITI Institute, B.Ed College by the youth/ women on NashaMukt Bharat Abhiyaan



Pamphlet Distribution at HOTSPOT and Crowded area of the District and State



Pamphlet Distribution at HOTSPOT and Crowded area of the District and State



Azadi Ka Amrit Mahotsav (Plantation of 75 saplings to mark the 75 years of Independence)

Azadi ka Amrit Mahotsav was celebrated by the Department of Social Work. Various programmes were conducted as part of this event. These included **plantation of 75 saplings to mark the 75 years of Independence**. The students and faculty members also conducted a drive to eradicate *Parthenium* from the nearby park. Conduct of awareness campaign by students undergoing their block placement training at locations across the country. Shri Amit Sharma, a prominent lawyer and expert on organ donation delivered an online lecture on this occasion. The villages associated with the department also actively participated in the celebrations. The department also initiated the ‘*Selfie with Tiranga*’ campaign in the Dehra Campus of the University. The faculty members also participated in the mega event organised in the Dehra Campus to mark the occasion.





‘Selfie with Tiranga’ at Adopted Villages



Aware the villagers about Swachh Bharat Abhiyan

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Goga Hawana at Snot Village

Department of social work, Central University of Himachal Pradesh organized a Hawana in Sapta Sindhu Parisar Dehra II, in which teachers, Non- teaching Staff, Students and research scholars participated. The purpose of the hawana was to bring harmony and to pray for the rising diseases related to humans and animals in the world. The hawana was undertaken under the Unnat Bharat Abhiyan, under which several villagers and other recognized community members participated and prayed for bringing the positivity in the environment.

Some glimpses of the Hawana :-



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Awareness Program: HIV/AIDS

A Report

Date: 28th December 2022

The Department of Social work and Red Ribbon Club of Central University of Himachal Pradesh had organized an awareness program on HIV/ AIDS.

The program started with Mrs. Manjula visiting the community (village Sanot) and holding an interactive session with the people who gathered. She is a health advisor and counsellor who's working in Tanda (Kangra) and she has given her services in the rural areas of Kullu district of Himachal Pradesh.

Dr. Shashi Punam, HoD Social work, then addressed the audience with the necessary details about HIV/AIDS situation in the country and the world.

Mrs. Manjula ended the program with speaking a bit about HIV and AIDS and the way it is spreading in Himachal Pradesh. She then held a session talking about the stigmas prevalent in the Indian societies regarding the HIV/AIDS Syndrome. She also spoke about how HIV is spread and what are the major reasons for it.



Awareness program on HIV/ AIDS at Snot Village

क्रम संख्या	कार्यक्रम विवरण	दिनांक	कार्यक्रम प्रभारी
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Central University of Himachal Pradesh

हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय

Foundation Week Celebrations

By

Department of Social Work

In Collaboration with

**Unnat Bharat Abhiyan (UBA), Red Cross Society &
Rashtriya Kabi Sangam, Himachal Pradesh**

1.	शिक्षित भारत श्रेष्ठ भारत :- एक सशक्त राष्ट्र के लिए बालिकाओं को सशक्त बनाना	22/01/2023 (3:00 PM)	संकेता शर्मा, शोधार्थी
2.	बेटी बचाओ बेटी पढ़ाओ हस्ताक्षर अभियान	22-28 जनवरी 2023	सभी अधिष्ठाताओं/ निदेशकों/विभागाध्यक्षों/संकाय सदस्यों एवं शोध छात्रों, छात्र-छात्राओं एवं उन्नत भारत अभियान के अंतर्गत सभी गाव
3.	प्रधानमंत्री टीबी मुक्त भारत अभियान 'के बारे में जागरूकता (बोगता गाव)	23/01/2023	डॉ दिग्विजय फुकन, सहायक आचार्य, समाज कार्य विभाग, हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय और दिनेश ठाकुर , शोधार्थी
4.	पंचायती राज के बारे में जागरूकता पर समुदायक कार्य	23.01.2023	संसार चंद, शोधार्थी एवं रणवीर, शोधार्थी
5.	कवि सम्मेलन	24.01.2023	अंकित कुमार , शोधार्थी
6.	गौरवशाली अतीत ,मजबूत भविष्य :संस्थापक संकाय , संस्थापक छात्र की प्रतिक्रिया (Proud Past, Strong Future: Founder Faculties, Founder Student's Feedback)	26/01/2023	डॉ शबाब अहमद, सहायक आचार्य, समाज कार्य विभाग, हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय
7.	इनफार्मेशन एंड कम्युनिकेशन टेक्नोलॉजी एंड सेल्फ गवर्नमेंट शीर्षक पुस्तक का विमोचन	26/01/2023	डॉ शशी पूनम विभागाध्यक्ष - समाज कार्य विभाग, हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय

Activity-I

22/01/2023 (3:00 PM)

शिक्षित भारत श्रेष्ठ भारत :- एक सशक्त राष्ट्र के लिए बालिकाओं को सशक्त बनाना

 <p>Central University of Himachal Pradesh Department of Social Work in collaboration with Unnat Bharat Abhiyan & Indian Red Cross Society on the special occasion of Foundation week of CUHP Celebrations Organising Online Webinar on Shikshit Bharat Shreshtha Bharat - Empower Girl Child for an Empowered Nation</p> <p>Chief Patron Prof. Sat Prakash Bansal Hon'ble Vice Chancellor, CUHP</p> <p>Patron Prof. Pardeep Kumar Dean Academic, CUHP</p> <p>Speaker Dr. Suraj Mohani Assistant Professor GCW, Gandhinagar, Jammu</p> <p>Organiser Dr. Shashi Punam HOD, Dept. of Social Work</p> <p>Convener Mrs. Sarakita Sharma Research Scholar</p> <p>Time : 03:00 pm Date : 22 January 2023</p>	<p><i>Please Find the details of Link for webinar on "Shikshit Bharat Shreshtha Bharat - Empower girl child for an Empowered Nation" on the special occasion CUHP Foundation day : CUHP Foundation Day, Sunday, 22, January 2023, at 03:00 PM To join the meeting on Google Meet, click this link:</i></p> <p>https://meet.google.com/wui-oavh-jdr</p> <p><i>Or open Meet and enter this code: wui-oavh-jdr</i></p>
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An online Webinar- "Shikshit Bharat Shreshtha Bharat -Empower girl child for an Empowered Nation"

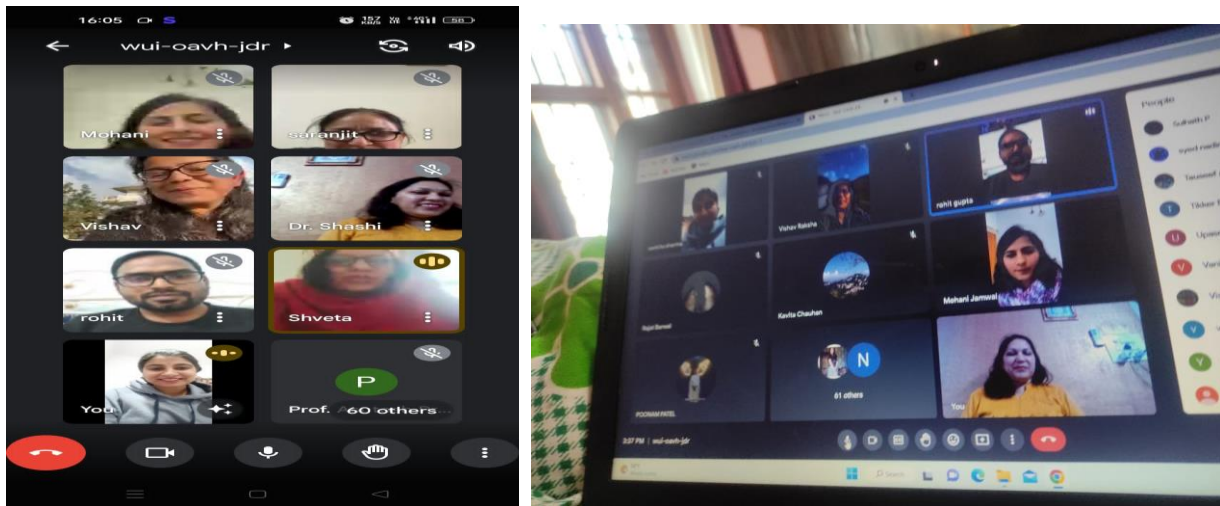
An online Webinar on "Shikshit Bharat Shrestha Bharat - Empower Girl Child for an Empowered Nation" was conducted by the Department of Social Work, Central University of Himachal Pradesh (CUHP) in collaboration with Unnat Bharat Abhiyan & Indian Red Cross Society on the special occasion of Foundation week of CUHP Celebrations at 03: 00 PM on 22-01-2023. The program was conducted under the supervision and guidance of Dr. Shashi Punam ji , Head of the Department. All the faculty members were there in the program and participated actively. This program was conducted under the guidance of Prof. Sat Prakash Bansal ji Hon'ble Vice Chancellor, CUHP. The resource person of the webinar was Asst. Prof. Dr. Suraj Mohani Jamwal ji. She is Asst. professor in the Department of Sociology in Padma Shri Padma Sachdev Government PG College For Women, Gandhinagar, Jammu. Mrs. Sankita Sharma was the convener of the webinar.



In this webinar, Intellectual personalities from various universities and colleges participated and made this webinar a fruitful session. Various experts in Gender were there in the program which included Dr. Vishav Raksha ji , Director of women studies, University of Jammu and Dr. Saranjeet Kaur ji, Faculty of women studies, University of Jammu. The Speaker of the program particularly talked about women empowerment through Girl child's education and the parameters which can be worked on .She also highlighted about the discrimination that took place in household practices and further led to discrimination at the larger level. Madam also discussed a few global reports on Gender Gap which showed the need to work on participation and empowerment of women to

reach the grounds of gender equality. The students and scholars from the different state and central universities and colleges were present in the webinar and had their interaction with the resource person on the problem of gender inequality and the best possible solutions to achieve gender equality. There were more than one hundred participants in the webinar. The major topics

discussed in the webinar included Socialization, Gender Roles, Disparity and dimensions of empowerment. At the end of the session, Dr. Sashi Punam ji Concluded the webinar by addressing her concern on the education of girl child to promote and support the participation of women in all the spheres of the society. At the end of both the sessions, Dr. Shveta Sharma ji formally gave vote of thanks to the Speaker of the webinar Asst. Prof Dr. Suraj Mohani Jamwal ji and also gave her special thanks to various other experts in gender from university of Jammu, Centre for women studies, Dr. Vishav Raksha Ji and Dr. Saranjeet Kour ji.



Activity-II

22-28 जनवरी 2023

बेटी बचाओ बेटी पढ़ाओ हस्ताक्षर अभियान

Signature Campaign on “Beti Bachao Beti Padhao”

As part of celebrations of Foundation Week of Central University of Himachal Pradesh, The Department of Social Work initiated a Signature Campaign on the topic “Beti Bachao Beti Padhao in collaboration with Unnat Bharat Abhiyan, Red Cross Society. In 2015, the Indian government introduced the Beti Bachao, Beti Padhao (BBBP) scheme to address concerns of gender discrimination and women empowerment in the country. The name Beti Bachao, Beti Padhao translates to ‘Save the girl child, educate the girl child’. The scheme aims to educate citizens against gender bias and improve efficacy of welfare services for girls. It was launched with an initial funding of Rs. 100 crore

The Beti Bachao Beti Padhao Yojana aims to achieve the following goals:

- Improve the child sex ratio
- Ensure gender equality and women empowerment
- Prevent gender-biased, sex selective elimination

- Ensure survival and protection of the girl child
- Encourage education and participation of the girl child.

Hence, to promote the Education of girl child, this campaign was initiated in Sapt Sindhu Parisar 1&2 .Faculty Members, Students, Research Scholars and Staff Members, of the Department of Social Work and Other Departments of Dehra, participated in this Event.

After this, Coordinator of this campaign Dr Shashi Punam along with the Faculty Members and Research Scholars of Social Work, went to the five villages which have been adopted under Unnat Bharat Abhiyan namely Sonet, Bongta, Shivnath, Barwara, Gher. The villagers participated, as part this campaign were also meet aware of the importance of education of girl child. Sessions with school going children were also held at these places, to promote this idea, the signature campaign was also held in main town of Dehra.





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23/01/2023

Activity-III

प्रधानमंत्री टीबी मुक्त भारत अभियान के बारे में जागरूकता | (बोगता गाव)

Awareness Programme on “Pradhan Mantri TB Mukta Bharat Abhiyan

Place: Bongta, Dehra



Central University of Himachal Pradesh



Department of Social Work

in collaboration with
Unnat Bharat Abhiyan & Indian Red Cross Society
on the special occasion of

FOUNDATION WEEK CELEBRATIONS OF CUHP-2023

Organising Awareness Program

on

Pradhan Mantri TB Mukta Bharat Abhiyan



Chief Patron
Prof. Sat Prakash Bansal
Hon'ble Vice-Chancellor, CUHP



Patron
Prof. Pardeep Kumar
Dean Academics, CUHP



Organiser
Dr. Shashi Purnam
HOD, Dept. of Social Work



CONVENER
BIMLESH TRIAKUR
RESEARCH SCHOLAR

Date:- 23/01/23
PLACE:- BONGTA, DEHRA
Time:- 10:30 AM.

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The Department of Social Work organized a community-based Awareness Programme on 'Pradhan Mantri TB Mukta Bharat Abhiyan' as part of celebration to mark the Foundation Week of Central University of Himachal Pradesh on 23/01/2023 The venue for this campaign was Government High School in Bongta Village of Dehra, Kangra, Himachal Pradesh. Bongta is

one of the five villages adopted near the Sapt Sindhu Parisar I, as part of Unnat Bharat Abhiyan. In addition to this programme, the Department is undertaking several other initiatives in this village. Dr Digvijoy Phukan, Assistant Professor and Mr Dinesh Thakur, Research Scholar were conveners of the programme. All faculty members of the Department namely Prof. Asutosh Pradhan, Dr Shashi Punam, Dr Ambreen Jamali, Dr Shabab Ahmad and Dr Shveta Sharma participated in the event.

The programme started with initial ice-breaking session with the students of the school. An interactive session was held to explain the causes, symptoms, and treatment of tuberculosis to the students. They were told about the importance of awareness in fighting a communicable disease. They were made aware about the Pradhan Mantri TB Mukh Bharat Abhiyan under the able leadership of Prime Minister Shri Narendra Modi ji to eradicate this disease from Bharat by 2025. Students were told about the need to make each household of the country aware about the symptoms and treatment of the disease. Mr Dinesh told the students about the importance of community participation in eradication of tuberculosis from Bharat.

Question and answer round was held after the session and it was followed by a signature campaign on “Beti Bachao Beti Padhao”. An interaction session was also held with the school teachers and community members in the school.



Activity-IV

23/01/2023

'Community Engagement on Awareness regarding Panchayati Raj Act'
पंचायती राज के बारे में जागरूकता पर समुदायक कार्य

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An Awareness program regarding the Panchayati Raj Act was conducted by the **Department of Social Work, Central University of Himachal Pradesh (CUHP) in collaboration with Unnat Bharat Abhiyan & Indian Red Cross Society** on the special occasion of *Foundation week of CUHP Celebrations* at Shiv Nath Panchayat of Dehra, Himachal Pradesh on 23-01-2023. The program was conducted under the supervision and guidance of Dr. Sashi Punam, Head of the Department. All the faculty members were there in the program and participated actively. The resource person of the event was Dr Shveta Sharma, Assistant Professor and the event was coordinated by Mr. Sansar Chand and Mr. Ranveer, PhD Research Scholars. This program was divided into two sessions. In the first session of the program, Dr. Shveta Sharma was the main speaker. She discussed the Panchayati Raj Act with the members of panchayat. Her points of discussion included various things like the Quorum, their regular meetings, Representation in the panchayat, How they are working on making the proper presentation of the community in the Gram Sabhas. The speaker discussed about the vigilance committee of the panchayat which work

as a watchdog for the various development programs for their proper implementation. The session was conducted with the aim to educate the members of the panchayat regarding panchayati Raj Act. During this session, Prof Asutosh Pradhan, Dr Ambreen Jamali, Dr Shabab Ahmed, Dr Digvijoy Phukhan also interacted with the community people. In this interaction; faculty members had one to one interaction with the ward members, Pradhan and Up-Pardhan of the Panchayat.

Some Glimpses of the Event





In the second session, the Focused Group Discussion (FGD) on awareness regarding the Panchayati Raj Act was conducted. The participants of the Focus Group Discussion (FGD) were *Pradhan*, *Up-Pardhan* and all the Ward members of the Shivnath Panchayat which included four women members and two male members. The moderator of the focused group discussion was Dr. Shveta Sharma. The recorder of the focused group discussion was Mr. Sansar Chand. The Observer of the focused group discussion was Mrs. Sankita Sharma and Mr. Ranveer. In this program, the moderator talked about implementation and execution of the panchayati Raj act. In interaction with the Panches and Sarpanches, They discussed about the powers and responsibilities of elected representatives. The topic of reservation for women in panchayati Raj was also discussed and the moderator emphasized on the importance of reservation for women. In this session, the *Pradhan* of the Panchayat discussed various issues of their panchayat which they are facing which included Scarcity and mis-management of water. At the end of both the sessions, Dr. Shveta Sharma concluded the program and formally gave vote of thanks to the *Pardhan*, *Uppardhan* and ward members of the panchayat for their active participation.

कवि सम्मेलन
बेटी बचाओ बेटी पढाओ हस्ताक्षर अभियान

  	<p style="text-align: center;">हिमाचल प्रदेश केंद्रीय विश्वविद्यालय धर्मशाला, जिला- कांगड़ा, हिमाचल प्रदेश</p> <p style="text-align: center;">'राष्ट्रीय बालिका दिवस' के अवसर पर समाज कार्य विभाग, उन्नत भारत अभियान पुर्व राष्ट्रीय कवि संगम (हिमाचल प्रांत) के संयुक्त तत्त्वावधान में आयोजित</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>मुख्य संरक्षक प्रो. सत प्रकाश बंसल माननीय कुलपति हिमाचल प्रदेश केंद्रीय विश्वविद्यालय</p> </div> <div style="text-align: center;">  <p>कवि सम्मेलन 24 जनवरी, 2023 5.00 बजे सायंकाल देहरा परिसर, जिला-कांगड़ा, हि.प्र.</p> </div> <div style="text-align: center;">  <p>संरक्षक प्रो. प्रदीप कुमार अधिष्ठाता (अकादमिक) हिमाचल प्रदेश केंद्रीय विश्वविद्यालय</p> </div> </div> <div style="text-align: center; margin-top: 10px;">  </div>	
 <p>आयोजक डॉ. शशि पूनम विभागाध्यक्ष, समाज कार्य विभाग</p>	 <p>संयोजक अंकित कुमार शोधार्थी</p>	 <p>मंच संचालन शिवा पंचकरण शोधार्थी</p>

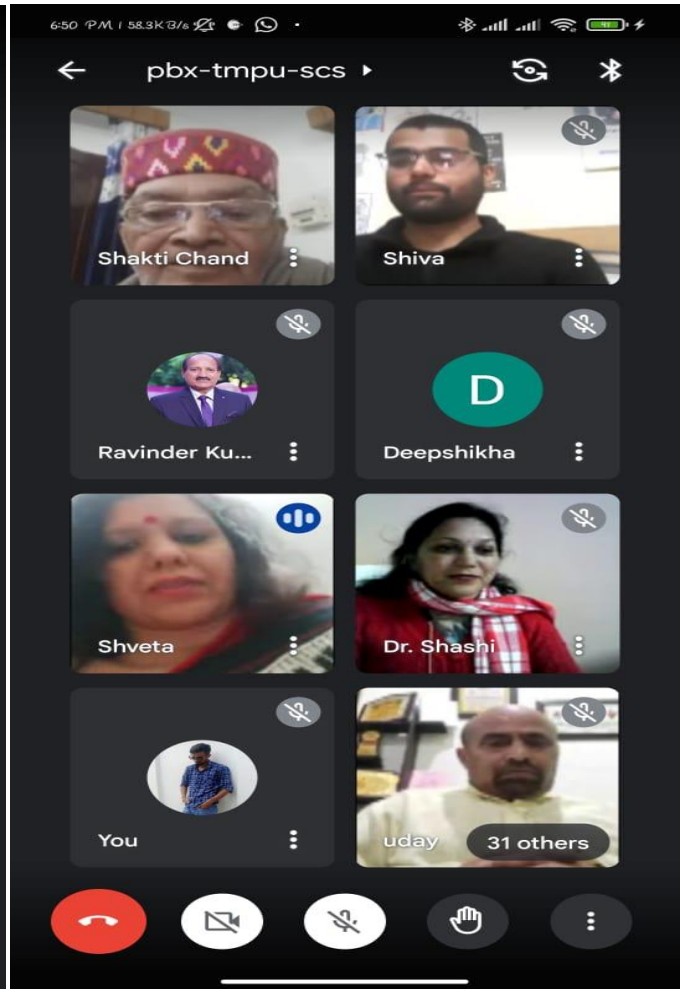
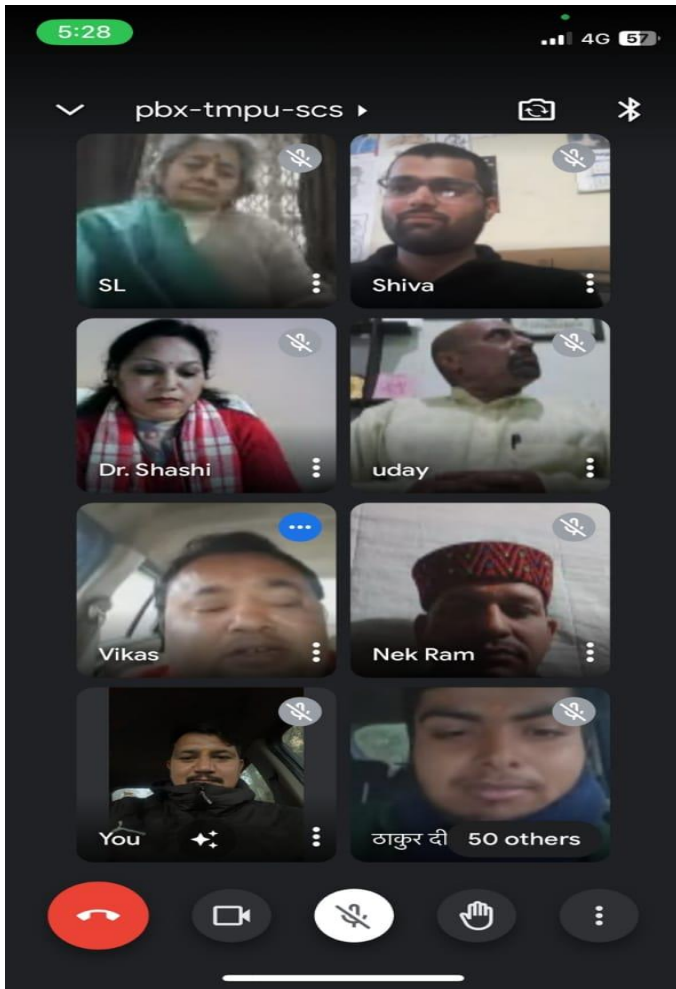
Please Find the details of Link for online kavi samelan- "National Girl child Day" on the special occasion CUHP Foundation day :

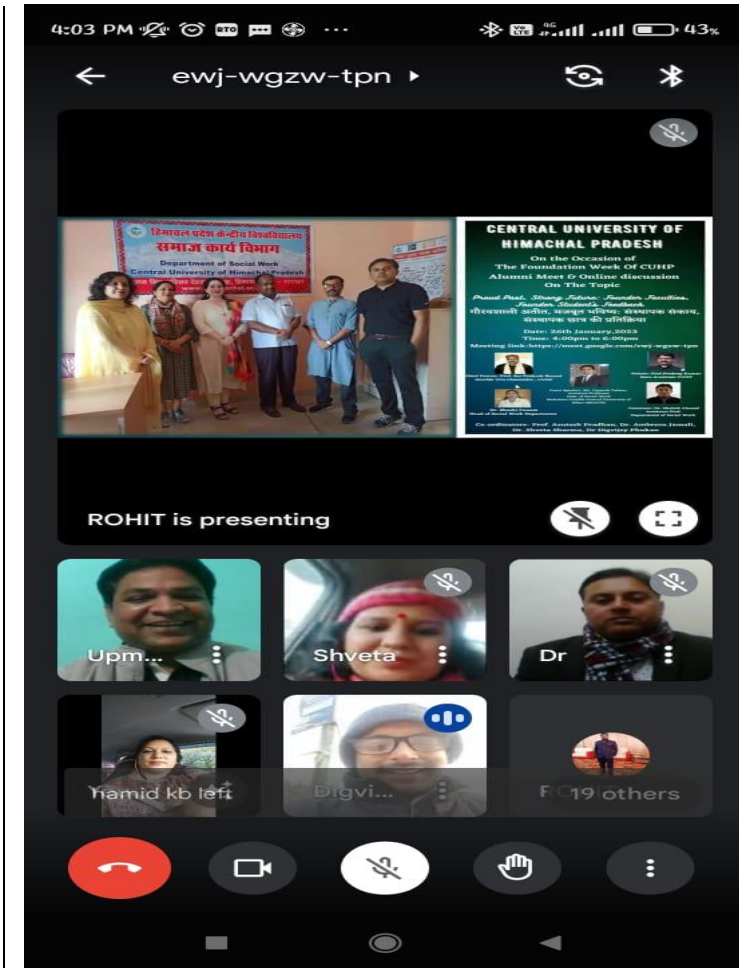
CUHP Foundation Day
Tuesday, 24, January 2023
at 05:00 PM

To join the meeting on Google Meet, click this link:

<https://meet.google.com/pbx-tmpu-scs>

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Activity-VII

26 जनवरी, 2023

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 पूनम □□ केंद्रीय विश्वविद्यालय हिमाचल प्रदेश के सम्मानित कुलपति प्रो. सत प्रकाश बंसल जी द्वारा 26 जनवरी
 2023 को इनफार्मेशन एंड कम्युनिकेशन टेक्नोलॉजी एंड सेल्फ गवर्नमेंट शीर्षक पुस्तक का विमोचन करवाया।
 यह पुस्तक डॉ शशि पूनम, सह - आचार्या, समाज कार्य विभाग व डॉ संजीव शर्मा संजीव कुमार सहायक आचार्य,
 करियर प्वाइंट यूनिवर्सिटी हमीरपुर द्वारा संपादित है।
 इस किताब में आई.सी.एस.एस.आर. द्वारा रिसर्च मेथोडोलॉजी कोर्स जो कि 7 से 16, जुलाई, 2022 को करवाया गया
 था के शोध पत्रों को सम्मिलित किया गया है।



Department of Social Work



Shashi Kumar

Submitted by:
Head, Department of Social Work
Central University of Himachal Pradesh

Submitted to:
Associate Dean Students Welfare
Central University of Himachal Pradesh

