

## Extension Activity Report

### MoU with Red Cross Society – New Delhi



#### **Nasha Mukh Bharat Abhiyaan the Pledge & Awareness Program**

As part of the Nasha Mukh Bharat Abhiyaan the Pledge on Nasha Mukti was organized in the Government Model Sr. Sec. School, by the Students of department of Social Work, Faculty Members. The event was coordinated by the faculty members and research scholars of the Department of Social Work. This pledge was conducted under the flagship of Indian Red Cross Society, New Delhi. Dr. Shveta Sharma (Nodal Officer, Red Cross Society- New Delhi) delivered lecture about healthy life style and sensitize them about menace o Drug Addiction.



Nasha Mukti Bharat Abhyan  
 under the flagship of Indian Red Cross Society Awareness  
 Programme was organized at

Senior Secondary School, Dehra, with the  
 Students, teachers. The Pledge on  
 Nasha Mukti was administered to the  
 Students and Faculty Members of  
 Senior Secondary School Dehra.

Date → 4<sup>th</sup> of August, 2022  
 Day → Thursday.

Resource Person - Dr. Shveta Sharma.

Vote of Thanks conducted by → Mr. Nivesh  
 Research Scholar

Welcome Address → Mr. Anil (Principal)

- |    |                                  |                  |               |
|----|----------------------------------|------------------|---------------|
| 1  | Anilk                            | Lect Bro         | Anil          |
| 2  | Ashok Kumar                      | Lect C.S         | AK            |
| 3  | Vikas Sharma                     | IT               | AK            |
| 4  | Sunder Kumar                     | DPE              | AK            |
| 5  | Pawan Kumar                      | Lect Maths       | AK            |
| 6  | Om Parkash                       | VT               | AK            |
| 7  | Ajay Kumar                       | VT               | AK            |
| 8  | Anchal Kona                      | T.G.T (Med.)     | Anchal Kona   |
| 9  | Seema Kaushal                    | Lect. (Chem.)    | Sy            |
| 10 | Sunita Karhyap                   | Lect. (Eng)      | Sh            |
| 11 | Gargi Sharma                     | Lect. (Pol. Sci) | Gargi         |
| 12 | <del>Konika</del>                | (Commerce)       | <del>AK</del> |
| 13 | Vijay Jaiswal                    | Lect in Hindi    | Vijay         |
| 14 | Melam Tikur                      | Lab. In-charge   | Melam         |
| 15 | Banika Devi                      | Shastri          | Banika        |
| 16 | Dr. Shveta Sharma                | Dept. of Edu.    | Shveta        |
| 17 | Nivesh Sharma (Research Scholar) | Social Work      | Nivesh        |

## **'Gift of Mobility'**

'Gift of Mobility' event was held on Wednesday 06 of April 2022 from 09:00 AM to 02:00 PM at Sanatan Dharam Sabha Hall Depot Bazaar, Dharamshala (176215), Himachal Pradesh. The event was organized for the differently-abled persons to give an LN-4 prosthetic hand which was free of cost. Gift of Mobility event is a joint effort of 'Ratna Nadhi Charitable Trust', 'Rotary Club of Dharamshala (RID3070)', 'Rotary Club of Poona Downtown (RID3131)', 'Ellen Meadows Prosthetic Hand Foundation of USA' and the event was sponsored by Deputy Commissioner Kangra Dr. Nipun Jindal (IAS). Also, the volunteers from across India participate and help the beneficiaries. The president of this event is Rtn. Sangram Guleria, Secretary Rtn. Ajay Sharma, Project Chairman Rtn. V.S. Parmar, Project President Rtn. Asis Ray and Project Chairperson Rtn. Sujata Malkani. The motive of this event was to give an LN-4 Hand that is simple and functional. They also provided training i.e. physical (real time) as well as video graphic aid in the same event.

### **Some Glimpses of the event**







Dr. Shveta Sharma, Assistant Professor, Department of Social Work, Central University of Himachal Pradesh with her two Scholars named Sansar Chand and Sankita Sharma actively joined the event. They were interviewing the beneficiaries and gave instant counselling to the beneficiaries. So that the beneficiaries can get maximum benefit out of this event by motivating them to make best use of it. The team of Rotary Club Downtown, Poona was full of positivity and energy. They interacted with the Scholars and gave them the responsibility to follow up these cases and make sure that these hands are used and are not kept in a cupboard. The beneficiaries include people of different generations from old age to children. The age group of beneficiaries was between the age of 4 years to 65 years. The incidence of losing an arm was because of an accident and there were few cases that didn't have their arm by birth. The beneficiaries were given the training of using the artificial limb and were counseled to do whatever they want to do by showing some motivational videos in which people using artificial limbs were doing



everything. In this event, the total number of beneficiaries was around 30 and most of the beneficiaries were from different areas of Kangra district of Himachal Pradesh whereas few of the beneficiaries were from Jammu and Punjab too. At the end of the event, Dr Shveta Sharma, on behalf of Department of Social Work, received a book as a token of love. The book was wrapped in an eco-friendly bag with a deep message of promoting the eco-friendly bags which are made by destitute women of slum areas.

**Landslide in Khanyara: Volunteering & Distribution of Relief material through local Red Cross Society on 5<sup>th</sup> Sept. 2022**



Indian Red Cross Society in collaboration with the District Red Cross Society & NGOs, Department of Social Work assisted the victims affected with the Flash Flood in Khanyara region of Dharamsala, in District Kangra, H.P. The distribution of relief material kit was given to the worst effected houses. An awareness drive was also done through social media so that more help can be provided to those victims affected with the flash flood. Dr. Shabab Ahmad, Assistant Professor with the research scholars Rohit Gupta & Raj Kumar visited the landslide sites of the Khanyara and assisted the victims of landslides.

## **Hari Diwali Khari Diwali- Vocal for Local Dipawali Celebration: Promoting Indigenous Product & Environmental Friendly Products**

On 20<sup>th</sup> December 2022, Venue Sapt Sindhu Parisar Dehra I- The Department of Social Work, in collaboration with Indian Red Cross & Unnat Bharat Abhiyan promoted the Indigenous rich culture and tradition of India. The local products such as earthen pot Diyas made out of Cow Dung, Chabdhhi – made up of Bamboos, Broom made out of local Palm Leaves, decorative items, earthen Piggy Bank, Wind chime, Peda (local Sweets),etc. with the ‘**VOLO Start-Up**’ of the department was also launched to promote such Indigenous entrepreneurships. The programme was inaugurated with the welcome address of Dr Shweta Sharma, Assistant Professor, Department of Social Work and keynote address by Prof. Narayan Rao, Dean, School of Social Sciences followed by Prof. Harshvardhan, Coordinator, Sapt Sindhu Parisar, (CUHP). All the staff members and students from different departments visited stalls and bought various exhibited products. ‘Volo Startup’, an initiative by the Department of Social Work with the aim to promote rich indigenous culture was also launched under the guidance of Prof Asutosh Pradhan, Head, Department of Sociology and Social Anthropology.

Members of the organizing committee were: Prof. Asutosh Pradhan, Dr Ambreen Jamali, Dr Shabab Ahmad, Dr Shveta Sharma, & Dr Digvijoy Phukan, Faculty members, Department of Social Work and members of coordinating committee were: Mr Sansar & Mrs. Sankita, Research Scholars of the department who were co- coordinated by students of the department. Formal Vote of thanks was offered by Dr Shabab Ahmad reiterating ‘ Hari Diwali Khari Diwali’









