

CURRICULUM VITAE

PERSONAL DETAILS

NAME : DR. SHASHI PUNAM

FATHER'S NAME : Late Sh. Gian Chand Sharma

Mother's Name : Smt. Simro Sharma SEX/DATE OF BIRTH : Female/ May, 17, 1979

MARITAL STATUS : Married

LANGUAGES KNOWN : Hindi, English & Punjabi

PERMANENT ADDRESS : H.No-618, Ward No-1, Krishna Nagar, Hamirpur (Himachal Pradesh)

177001, Contact No. – 9418636222, khushi12.p@hpcu.ac.in,

khushi12.p@gmail.com

OBJECTIVE

To work with an organization where I can share my knowledge with students and enhance their conceptual skills, so that organizational goals could be achieved.

EDUCATIONAL QUALIFICATIONS

- PDF from JNU, New Delhi, ICSSR, New Delhi.
- PhD in Sociology in 2012, NIT Hamirpur.
- MPhil (Sociology) from HPU Shimla securing of 66.67% marks in 2004 (Gold Medal).
- MA (Sociology) from H.P. University Shimla securing of 63% marks in 2002 (Topper).
- MA (Political Science) from H.P. University Shimla securing of 63% marks in 2014.
- B.Ed from the University of Kashmir securing of 60% marks in 2003.
- BA from H.P. University Shimla securing of 64.4% marks in 2000.
- +2 in Arts from H.P.S.E.B. Dharamshala securing 62.25 marks in 1996.
- Matriculation from H.P. S. E. Board Dharamshala securing 52.55% marks in 1995.
- Matriculation Punjabi (additional subject) Punjab School Education Board, securing 71.3% August, 2007.

ADDITIONAL QUALIFICATIONS

- One-year diploma in Basic Computer (DCA)
- Diploma in type writing in English
- N.T.T.C (Nursery Teacher Training Course)
- Coursera certificate course (online)

TEACHING EXPERIENCE (TWELVE YEARS+ FIVE YEARS)

- Gautam Girls College, Hamirpur (HP) from July 2005 to June 2007.
- As per UGC norms took the B.Tech classes at NIT, Hamirpur (Five years).
- GSSS, Dhaneta, Hamirpur (H.P) from 10/10/02 to 18/12/2003.
- Sidharth Govt College, Nadaun (HP) 25/07/2012 to 22/04/2013.
- Sidharth Govt College, Nadaun working as a counselor of IGNOU centres 1179 since 2012.
- Working as an Assistant Professor at Career Point University, Tikker, Hamirpur from 1st August, 2013 to 10th March 2022.
- Presently working as an Associate Professor & Head, Department of Social Work & Nodal officer of Unnat Bharat Abhiyan, Central University of Himachal Pradesh from 11th March 2022

Published Papers in National/International Journals

- 1. P.C. Ryhal and Shashi Punam. (2009) "The Declining Child Sex Ratio in Himachal Pradesh: A Case Study" Published in Sambodh: A Journal of Discursive Social Sciences, Vol. 22, No 1, 54-69.
- 2. P.C. Ryhal and Shashi Punam. (2009) "A Study of Human Development Indicators and Decline Child Sex Ratio in Himachal Pradesh" Published in the Journal of Family Welfare, Review journal, Vol. 55, No 1,70-78, ISSN:0022-1074.
- 3. P.C. Ryhal and Shashi Punam. (2010) "Girls are Vanishing from the Hills in Himachal Pradesh" Published in the Journal of ANUSILANA, A Refereed Journal, Research Journal of Indian Cultural, Social & Philosophical Stream, Vol. 22, No 1,141-144, ISSN: 0973-8762.
- 4. P.C. Ryhal and Shashi Punam.(2010) "A Study of awareness about PNDT Act among the People of District Una in Himachal Pradesh Published in ANUSILANA Research Journal of Indian Cultural, Social& Philosophical Stream, Vol. 27, No 1,117-128, ISSN: 0973-8762.
- 5. P.C. Ryhal and Shashi Punam. (2010) "Impact of human development indicators on female foeticide in Punjab: A case study" Published in Journal of Human Development, 2: (2), 105-127, July-December ISSN: 0975-8119.
- 6. P.C. Ryhal and Shashi Punam. (2011) "Prenatal Sex Determination Tests, Female Foeticide and Declining Child Sex Ratio: a case study of Una District in Himachal Pradesh" in Shodh Dershan: A Multidisciplinary Research Journal: Vol.2 (1), 21-29, July ISSN: 2231-1688.
- 7. Piar Chand and Shashi Punam (2012) "Girl Child and Female Foeticide in Himachal Pradesh: A Case Study", International journal of Statistics and Analysis (IJSA), Vol 12 No-3, pp 329-41 ISSN: 2248-9959.
- 8. Shashi Punam (2014) "Role played by Media to Reduce Practices of Sex Selection Abortion in Himachal Pradesh: A case study", International journal for Research and Development (IJRD), A peer review journal, Vol- 2 No-4, pp 96-101 ISSN: 2321-3434.
- 9. Shashi Punam (2015) "Female Foeticide and Nagetive Attitude for Girl Child in District Kangra of Himachal Pradesh, *Trisha Journal of education, Peer reviewed Journal* Vol. 1, Issue, 01, pp. 17-27, ISSN: 2454-793X.
- 10. Shashi Punam (2015) "Female foeticide and Health status of girl child in Himachal Pradesh- A case study", *International Journal of Information Research and Review* (IJIRR) Vol. 2, Issue, 03, pp. 480-486, ISSN: 2349-9141.

- 11. Shashi Punam (2015) "PNDT Act and Misuse of Modern Medical Technology in Himachal Pradesh" International Journal of advancement in Engineering Technology, Management and Applied Science" IJAETMAS, Vol-2, Issue-3, and ISSN: 2349-3224.
- 12. Shashi Punam (2015) "Social Structure of India and Role of Casteism in Indian Democracy" Recent Researches in Social Sciences and Humanities (National referred Journal) ISSN-2348-3318.
- 13. Shashi Punam (2015) "Demographic indicators and Female Foeticide in Himachal Pradesh" Published in the International Journal of Management and Social Sciences, Peer reviewed Journal, Impact Factor- 3.23, Vol. 3, Issue 4, April 2016, ISSN: (2321-1784).
- 14. Shashi Punam (2016) "Status of Girl child and Female Foeticide in Devbhumi Himachal Pradesh" International Research Journal of Human Resources and Social Sciences, Peer Reviewed and refereed International Journal, Impact Factor- 2.561, Vol. 3, Issue 2, Feb 2016, ISSN(O): (2349-4085) ISSN(P): (2394-4218).
- 15. Shashi Punam (2016) "Excellent Organizational Records Behaviour makes Effective Educational System, International Journal Raj Rajeshwari Journal of Psychological & Educational Research, Peer Reviewed and refereed International Journal, Vol. 1(1), Issue 2, April 2016, ISSN 2455-7900, Pp 90-94.
- 16. Shashi Punam (2016) "Emerging Female Foeticide: Does the Son Preference Continue to Persist in India, Central India Journal of Historical and Archaeological Research A Peer Reviewed and An International Journal, Vol. 5, Issue 17, Jan -March 2016, ISSN No 2454-793X, Pp 17-22.
- 17. Shashi Punam (2016), "Female foeticide and negative attitude for girl child in district Kangra of Himachal Pradesh" In Trisha Journal of educational Research Vol. 1, Issue 1, July, 2015, ISSN 2277-4157, Pp 110-116.
- 18. Shashi Punam (2016), "Discrimination Prevalence against the Girl Child in the Society." Central India Journal of Historical and Archaeological Research, a Peer Reviewed and An International Journal, Vol. 5, Issue 20, Oct- Dec, ISSN 2277-4157, Pp 152-157.
- 19. Shashi Punam & Sandeep Sharma (2017), "Status of Public Health Services in Himachal Pradesh: A Case Study" International Research Journal of Human Resources and Social Sciences Vol. 4, Issue 2, February 2017 Impact Factor- 5.414 ISSN (O): (2349-4085) ISSN (P): (2394-4218).
- 20. Shashi Punam (2017), "Age- Old, Traditional hymn singing is Breathing its last". Central India Journal of Historical and Archaeological Research A Peer Reviewed and An International Journal, Volume-6(22), April-June 2017, ISSN 2277-4157 P.p.-143-147.
- 21. Shashi Punam & Sandeep Sharma (2017), "Good Governance and Right to Information Act in India: Justice and Equality". International Multilingual Research Journal, Special issue, December 2017 ISSN 2394-5303 Pp.83-87, Impact Factor-4.002 UGC Approved Refereed Journal.
- 22. Shashi Punam (2017) "Innovative Methods of Teaching: Potential to Improve Teacher Learning", Himalyan Journal of Educational & Psychological Research Vol-IX, No-V ISSN 2319-6874 pp.53-59 (UGC Journal No. 63313).
- 23. Shashi Punam (2017) "Right to Information Act: an indispensable tool for Good Governance in India" Journal of Political Science, Vol XIII, No-2, November 2017 RNI no-PUNENG/2005/18316.

- 24. Shashi Punam & Madhu Wala (2017), "The Role of Youth for Greenery Environment: A case study of Mehal Panchyat" Himalayan Journal of Educational & Psychological Research Vol-IX, No-VII, ISSN 2319-6874 pp.107-113 (UGC Journal No. 63313).
- 25. Shashi Punam (2017) "Femininity inequality and Status of Women in Himachal Pradesh: a Case study with emerging Trends" ALIG Journal of Social Science and Humanities Research (AJSSHR) 2017, Vol VIII Jan May ISSN 2320-9917.
- 26. Shashi Punam & Sandeep Sharma (2018) "Human Trafficking: Causes and Implication", Him-Anchal, Journal of Contemporary Research Education, Commerce, Science Law & Humanities Vol-VIII, No-V ISSN 2321-3205 pp.103-114 (UGC Approved Journal).
- 27. Shashi Punam & Rohit Sharma (2018), "Role of Youth: An Agent's for Indian Development" CPUH, Research Journal, Vol 3(II) ISSN-2455-6076, pp-234-238.
- 28. Shashi Punam (2019) "Femininity Dissimilarity and Child Sex Ratio in Himachal Pradesh" UGC sponsored International Multilingual Research Journal, Refereed Journal, ISSN 2319-9319, impact factor-6.021, Special Issue, pp-199-207.
- 29. Shashi Punam (2020) "Best Path for Moral and Religion by Gandhian Views" Peer Reviewed International Refereed Journal, ISSN 2319-9318, impact factor-6.021, Special Issue, pp-53-63.
- 30. Shashi Punam (2021) Social and Economic Status of Mountainous Communities of Himachal Pradesh" Sambodhi, ISSN: 2249-6661 (UGC Care Journal), Vol-44 No.-01 (VIII) January-March (2021) PP 48-54.
- 31. Shashi Punam & Lekhraj Varma (2021) "Impact of COVID-19 on Rural Areas of Hamirpur District of Himachal Pradesh," International Journal of Law Management & Humanities, Vol-4, Issue-3, [ISSN 2581-5369], Pp 3223-3238.
- 32. Shashi Punam & Lekhraj Varma (2021) "A Socio- economic and Psychological impact of covid -19 in backward Mehal Panchyat of HP," Galaxy International Interdisciplinary Research Journal, Vol-9, Issue-6, [ISSN 2347-6915], Pp 1-9.
- 33. Shashi Punam (2021), iafMr nhun;ky mik/;k; dk i=dkfjrk ,oa lkfgfR;d ;ksxnku Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, o"kZ 8 vad % 14&15 ISSN: 2394&2223, PP 13-25.
- 34. Shashi Punam (2021), iafMr nhun;ky mik/;k; dk ,dkRe ekuookn Nirupreh- An International peer-reviewed and Refereed Quarterly Research Journal Humanities and Social Science, o"kZ 8 vad % 14&15 ISSN: 2394&2223, PP 28-38.
- 35. Shashi Punam (2021), iafMr nhun;ky mik/;k; dh lkekftd&n`f"V Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, June –August 2021,o"kZ 8 vad % 16&17 Pp 12-23, ISSN: 2394&2223
- 36. Shashi Punam (2021), Hkkjrh; laLoefr vkSj ,dkRe ekuo n'kZu ds Ås.krk iafMr nhun;ky mik/;k; Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, June –August 2021,o"kZ 8 vad % 16&17 Pp 26-37, ISSN: 2394&2223.
- 37. Shashi Punam (2021), "Women Health and Development of Mountainous Communities of Himachal Pradesh: a Case study of Chamba District" IER Journal of Health and Demography, ISSn: 2454-9207. Vol-7, No-1, July 2021, Pp 33-51.
- 38. Shashi Punam & Ms Manjula (2021), "Himachal key Swatantrata Senani: Angrejo ko mili thee Pahaad Sey Chunotti",International Journal of Researches in Social Sciences and Information Studies, Peer Review International Refereed Research Journal, Special issue, Nov,2021, ISSN No-2347-8209, Pp-129-136.

- 39. Shashi Punam (2021), "Attal Bihari Bajpaei ji ki Kavitaaon Ka Sambedna Sansaar", Shikhar Samyik International Peer Reviewed and Refereed Half Yearly Research Journal Humanities and Social Sciences, ISSN -2249-9199, Pp45-47.
- 40. Vineet Kumar & Shashi Punam (2022),' Socio-Cultural Impacts of Ecotourism Developments on the Stakeholders in the Great Himalayan National Park: An UNESCO World Heritage Site, International Journal of Law Management and Humanities, Volume 5, Issue 1, Page 296 310 https://doij.org/10.10000/IJLMH.112480
- 41. Sanjeev Kumar, Shashi Punam, Nancy Kanwar, Manu Sharma (2022) "Evolution of Drugs VIS-À-VIS Socio Legal Aspect: A Historical Perspective. International Journal of Health Sciences, 6, (S7), Scopus Indexed, WOS, UGC Care, ISSN -2550-6978, E-ISSN 2550-696X, Page 2354-69, https://doi.org/10.53730/ijhs.v6nS7.11861

Paper Published in edited Books

- 1. P.C. Ryhal and Shashi Punam. (2011) "Son preference and Gender bias in district Kangra in Himachal Pradesh-A Case Study", APH Publishing House, 978-81-3131318-3 pp-191-199.
- **2.** Shashi Punam and P.C. Ryhal. (2012) "Studying Socio-economic Factors Affecting Female Foeticide in Himachal Pradesh" in Women Entrepreneurship and Development- The way Ahead by Globus press, Parkash Parkashan, 978-81-907297-4-1 pp-146-157.
- **3.** Shashi Punam and P.C. Ryhal. (2013) "Women and Female Foeticide: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh" in Social Exclusion Continuum- A Paradigm Shift by Niruta Publication, Banglour Karnataka, pp-223-248.
- 4. Shashi Punam (2015) "Gender Bias, Daughter Elimination and Sex Ratio Patterns in Himachal Pradesh" in Gender equality: A Way to Women Empowerment by New Generation Press, Delhi ISBN 978-93-80310-85-5 Pp-136-149.
- 5. Shashi Punam and Prof Piar Chand Ryhal (2015) "Poverty Alleviation: Women Empowerment through Self Help Groups in Himachal Pradesh" in Rural Development through MNREGA New Challenges and Solutions by ANAMIKA PUBLISHERS & DISTRIBUTORS (P) LTD. New Delhi-110 002,978-81-7975-771-0, pp-140-150.
- 6. Shashi Punam & Naina Sharma (2017), "The Role and Position of Women Ancient Society to Modern Society in India" in Developing and change in Agrarian Society, twenty first century publications, Patiala, ISBN 978-93-85449-29-1, Pp 127-141.
- 7. Shashi Punam (2019), "Swachh Bharat Abhiyan: A Step towards Environment Protection in Himachal Pradesh", ISBN: 978-93-85618-97-0, in Understanding Environment & Biodiversity, Shree Ram Law House, Chandigarh, 978-93-85618-97-0, Pp 216-219.
- 8. Shashi Punam (2021), Gender Inequality in Himachal Pradesh: A Case Study. Bharati Publications, Ansari Road, Darya Ganj,New Delhi, ISBN 978-93-90818-24-2,PP 125-143.

Full paper in proceeding

- 1. P.C. Ryhal and Shashi Punam (2011), "Social –Psychological factor effecting female foeticide in Himachal Pradesh" published & present at Channei (RGNITYD).
- 2. Ms Tripta Kumari & Dr Shashi Punam (2016), "Folk Culture of Himachal Pradesh: Some traditional dance, music performance of Bilaspur" National Conference on Culture,

- Environment and Folk Deities with special reference to Bilaspur (NCCEFD) sponsored by ICSSR PU Chandigarh organized by Govt. College Bhoranj on Feb. 13-14, 2016.
- **3.** Shashi Punam (2016), "Past and Present Scenario of Beda Releasing the tradition that clears all the obstructions of Soul" National Conference on Culture, Environment and Folk Deities with special reference to Bilaspur (NCCEFD) sponsored by ICSSR PU Chandigarh organized by Govt. College Bhoranj on Feb. 13-14, 2016.
- **4.** Shashi Punam and Sanjay Kumar, (2018), "Rights of Dalits and Women: A Socio-economic Status of Maanganiyar Community of Jaisalmer District of Rajasthan" National Conference on Work Culture, Society and Environmental Issues (NCWCSEI) Sponsored *by* ICSSR, Organized by NSCBM Govt. College, Hamirpur, HP March 24-25, 2018, pp28-38.

Published Book -4

- Feministic Trauma in Indian Society, Tarunoday Prakashan ISBN 978-81-938973-4-8.
- Cyber Delinquencies an Indian Perspective, Tarunoday Prakashan ISBN 978-81-938973-5-5.
- Understanding University Social-Responsibility: Perspective of Community Development, Tarunoday Prakashan ISBN 978-81-938973-7-9.
- Transformation of Women in Western Himalayas: Issue and Challenges, Tarunoday Prakashan ISBN 978-81-952114-1-8.

PROJECT SUBMITTED/ COMPLETED

- Declining child Sex Ratio in Una district of Himachal Pradesh Himcon, Shimla. (July, 2015).
- Manufacturing Food grade plate (Pattal) from tree leaves: On Eco-friendly Low –cost, Technology, Refinement, Demonstration and Adoption by village in Selected Backward Panchyat of District Hamirpur (HP) 2018-2019 Unnat Bharat Abhiyan, IIT Delhi.
- Socio-economic survey of adopted villages under UBA.
- Distribution of Agriculture Seeds, Implements, Fruits Plants, Aromatic Plants under Unnat Bharat Abhiyan, IIT Delhi MHRD.
- Manufacturing Bariayan, Seviyan, Pickle, Murabba, Cotton Razai making Machine: on Lowcost, Technology, Refinement, Demonstration and Adoption in adopted villages of District Hamirpur (HP)
- Commercialization of Traditional Herbal Tea: Effective against Corona Viruses under UBA-2.0
- Formulation of Herbal Products (Candy, Beautification products, Immunity boosters Biofertilizers and Washables), under CM's startup scheme project, Startup ID: HPSTARTUP/2020/08/20.
- Formulation of Herbal Products (Candy, Beautification products, Immunity boosters Biofertilizers and Washables), under CM's startup scheme project, Startup ID: HPSTARTUP/2020/08/20

ONGOING PROJECT

Commercialization of Fermented Traditional "Seera"in Baloh Village of Himachal Pradesh in collaboration with Career Point University, Hamirpur.

PATENT(Jointly)

- Title of the invention: METHOD FOR PREPARING FORMULATION OF IMMUNITY BOOSTER AMVLA CANDY Application No.202211016219 A, Publication Date: 01/04/2022
- Title of the invention: "IOT Enabled Tools for the online education Systems in the Developing Trends of Smart Education" The Patent office 22/2022 dated 03/06/2022 Application No.202211020708, Publication Date: 03/06/2022, Page-33366.
- Title of the invention: "Development of Educational Systems using a Block Chain-Based Model" The Patent office 23/2022 dated 10/06/2022 Application No.202211030106, Publication Date: 10/06/2022, Page-35032.
- Title of the invention: "A System for Novel Integration Strategic Financial Risk Managment" The Patent office 23/2022 dated 10/06/2022 Application No.202221038549, Publication Date(U/S 11A): 22/07/2022, Page-35032.

AWARDS & ACHIEVEMENTS

- MHRD scholarship holder at NIT Hamirpur.
- Gold Medalist in Master of Philosophy in Sociology.
- Winner the prize in the essay competition organized by Youth Development Centre at Govt Sen. Sec. School Kashmir.
- Merit certificate in the Declamation competition organized by Youth Development Centre, H. P. University Shimla.
- Topper in MA (Sociology), Department of Sociology, H.P. University, Shimla.
- Act as a judge in Mehndi competition in Zorawar College at Dhaneta.
- Act as judge in Quiz, Dance, Mehndi, Rangoli, Debate and Declamation competition and other cultural activities at Gautam Girls College, Hamirpur.
- Act as judge for science exhibition at Jawahar Navodaya Vidyalaya, Dungrin Hamirpur.
- Act as judge in Quiz, Dance, Rangoli, Poster Presentation, Debate and Declamation competition and other cultural activities at CPU, Hamirpur.
- Organized a Quiz Competition at Career Point University at 28th January 2015.
- Organized a three Legal Awareness Camps, Legal literacy camp with collaboration NALSA, Hamirpur at CPUH
- Organized one-day seminar at Mahal Panchyat with the collaboration JNU, New Delhi.
- Organized a one-day workshop on "How to make preparation for Judicial Services" on 21.04.2017 at Career Point University, Hamirpur.
- Act as a convener for essay writing competition in 9IYSC 7-9 April 2018.
- Organized National COVID-19 awareness Program during Lockdown.2019-2020
- Organized National workshop on responsibilities of SESREC on 2021
- Organized National Poster making Competition on HIV/ AIDS funded by AIDS Control Society, Hamirpur, HP
- Organized Blood Donation Camp on Shahid Ankush's birthday on 2020 at CPUH.

- Organized Bhuley-Bisrey Khel Pratiyogita on International Women,s day,2022 at CPUH
- Act as a Judge Wall making competition by the Department of Sociology and Social Anthropology on Post COVID at CUHP.
- Act as a Nodal Officer for Nasha Mukt Bhrarat Abhiyan (30 Activities in Four days) under the Ministry of Social Justice & Empoerment, from 1st August to 4th August, 2022.
- Attended A program as a VC Nominee at Delhi University on Nasha Mukht Samaj Andolan-Hidostaniy Nasha Choro Abhiyan by Ministry of State, Housing & Urban Affairs Government of India on 9 August, 2022.

Seminar/Workshop Organized

- Seminar on Double Farming collaboration with JNU on 2017 at CPU, Hamirpur
- Workshop on How to crake Judicial exam on 2019 at Career Point University, Hamirpur
- International Seminar on New Education Policy on 10th October, 2020 at CPUH.
- Seven-day weeklong awareness workshop on Health care under UBA 24-30Nov,2020 at Career Point University, Hamirpur.
- Organized Yoga Shiver on Yoga day, 2021 at Career Point University, Hamirpur.
- Organized Capacity Building Programme in collaboration with NIDM, New Delhi, 21-23,oct 2021 at Career Point University, Hamirpur.
- Organized online Capacity Building Programme in collaboration with NIDM, New Delhi, 18 May 20 May 2022 at CUHP.
- Organized webinar in collaboration with National Institute of Social Defense on the topic "Provisions of the Transgender persons (Protection of Right) Act, 2019 and Rules 2020" on 26 May 2022 at Central University of Himachal Pradesh.
- Organized No Tobacco Day (Three Days Programme) Programme on 31 may to 3 June 2022 inter department activity at Central University of Himachal Pradesh.
- Organized Environment Day (Three Days Programme) Programme under Unaat Bharat Abhiyan in collaboration with Seva Bharati, ABVP and on 3 June to 5 June 2022 at CUHP.
- Organized Ten Days Research Methodology Courses funded by ICSSR from 07 July to 17 July,2022 at Central University of Himachal Pradesh.

NOMINATED FOR OTHERS ACADEMIC ACTIVITIES

- Member of Department Post Graduate Committee (DPGC) in NIT from 2008-2011.
- Member of Senate Post Graduate Committee (SPGC) in NIT from 2010-2011.
- Five years' research experience in NIT from July2007-July2012.
- Working as a counselor of IGNOU since Sept 2012.
- Life membership of Indian Association for the study of Population, No- IASPLM-644
- Life member of Indian Association of Social Science and Health (IASSH) No- 525.
- Life member of Indian Sociological Society (ISS)
- Life member of Northern –Western Indian Association ID-293
- Life member of Sociological Association of Himachal Pradesh
- Life member of Three NGOs working for girl child

- Life member of Environment and Social Development Association, Delhi ID –L 277
- Advisory Board Member of UGC approved conference at New Art, Commerce, Science Collage Wardha, Maharastra.
- Attending three National Lok Adalat at district Hamirpur.
- Worked as a field investigator in a project entitled "Declining Child Sex Ratio of Una district of Himachal Pradesh" to Himcon, Shimla. (June-July, 2015).
- Practical supervisor of Sociology at Rockland Day-Boarding Public Sr. Sec. School, Rakkar Colony, Una on Feb, 2017 & 2018.
- Chief Guest at UGC sponsored International Conference organized by New Arts, Commerce Science College Wardha, Maharastra, on 29th Fev, 2020.
- Chief Guest on 18th Raising Day, Himalayan Mahila Avam Jan Kalyan Sanstha, Bassi Bhoranj, Hamirpur in Fabuary,2022
- Chairperson in National Seminar on Abusive Relationship & Protection against Domestic Violence on 05 March 2022 at CUHP.
- Chair a session in two days workshop on Sociology in the light of NEP2020 and Indian knowledge System,7th to 8th May 2022 at CUHP

FACULTY DEVELOPMENT, TP & CAPACITY BUILDING PROGRAMME

- Attended Capacity Building Programme for Young Social Science Faculty sponsored by ICSSR organized by Centre for Social Defenses and Gender Studies Jodhpur, Rajasthan 7-20th January, 2018.
- Attended Faculty Development Programme on quality teaching, Research and Internationalization of Higher education: Opportunities and Challenges at Career Point University on $6^{th} 8^{th}$ Oct, 2020.
- Attended two week online International Faculty Development Program on "by Integral University Lucknow India on 14-25th June, 2021.
- Participated in Faculty Enrichmnet Programme on 21st Centuary Skills for University Teachers by Amity University Haryana on 21st to 26th June, 2021.
- Participated in Online Training Programme on Basic Life Support in Context with Road Side Accidents by Career Point University on 5 August, 2021.
- Attended Faculty Development Programme on Skill Development and Approxunityes for Teachers in Present scenario organized by Career Point University on 11th 16th August, 2021
- Attended International Faculty Development Programme on Emerging aspect of Research Methodology at S.S. Subodh Jain P. G.College, Jaipur, Rajastahn on 1st 7th oct, 2021.
- Attended Orientation program cum workshop of Unnat Bharat Abhiyan at IIT Delhi on 16-17 Nov, 2018.
- Attended and presented a success story on UBA at NIT, Hamirpur on 16 Nov, 2019.

EDITOR

• Senior Associate Editor: International Bi- annual Referred / Peer Reviewed Research Journal, Burnished Law Journal, ISSN: 2582-5534

• Advisory Board member, Conference Proceedings Publication, New Arts Comm & Sci College Wardha Maharastra.

AWARDS

- **Best Red Ribbon Award** in District Hamirpur by Honorable Health Minister on 8th March, 2022.
- **Best Social worker** for Community Development in HP by HP Arts Culture and Language Academy, Shimla and Focus Himachal Newspaper on International Women's Day, 2021
- Best Extension Professional Award on Doubling Farmers Income by 2022, challenges, opportunities and way forward" at Career Point University, Hamirpur on 15-17 Feb, 2020.
- Best Social Scientist Community Mobilization and Rural Innovation Award 2019-2020
- Best Social Worker of the State for Save Girl Child by Prerna Foundation NGO on 2019.
- **Best paper award** entitled: "PNDT Act and Misuse of Modern Medical Technology in Himachal Pradesh" in International Journal of advancement in Engineering Technology, Management and Applied Science" IJAETMAS, Vol-2, Issue-3, and ISSN: 2349-3224.
- Best Field work presentation award on the Project report titled as "A Socio-Economic Status
 of the Maanganiyar Community: A case Study of Jaisalmer District of Rajasthan on 7-20th
 January, 2018.
- **Best Paper Award** in Capacity Building Programme for Young Social Science Faculty sponsored by ICSSR organized by Centre for Social Defenses and Gender Studies Jodhpur, Rajasthan 7-20th January, 2018.

OTHER ACTIVITIES:

- Member- Academic Council, Career Point University, Hamirpur.
- Member-Board of Studies, School of Legal Studies and Governance, CPUH
- Member- Gender Champion, Discipline Committee, Career Point University, Hamirpur.
- Head of Department (2015-2017)- School of Legal Studies and Governance, CPUH
- Nodal Officer- AISHE, NIRF Ranking, Unnat Bharat Abhiyan-2.0, CPUH
- Transport Officer- Transport in charge, Career Point University, Hamirpur.
- Coordinator- Red Ribbon Club & Community Development Cell, CPUH
- Head- Division of Humanities and Social Sciences, CPUH from 2019-10 March 2022
- Chairman- Women Empowerment Cell, Career Point University, Hamirpur.
- Nodal Officer-Community Development Programme, Career Point University, Hamirpur.
- Nodal Officer- Unnat Bharat Abhiyan-2.0, Central University of Himachal Pradesh
- Nodal Officer- Red Ribbon Club, Central University of Himachal Pradesh.
- Head- Department of Social Work, Central University of Himachal Pradesh.

Papers presented in International Conference & Seminar

- 1. P.C. Ryhal and Shashi Punam. (2011) "Son preference and gender bias in district Kangra in HP-A Case Study" presented in International conference at Aligarh University on May 24.
- 2. Shashi Punam (2012) "A Sociological Study of Vanishing Girls in Himachal Pradesh" presented in International Seminar at BHU University on dated May 30th-31st.

- 3. Shashi Punam and P.C. Ryhal (2013) "Save girl child: Without girl child no society" presented in International seminar at Centre for Canadian studies development programme Himachal Pradesh university on dated March 13, 2013.
- 4. Shashi Punam (2013) "Attitude of Society towards Female Foeticide and Status of Women of Himachal Pradesh: A case study of District Kangra" international conference at AMU, Aligarh at Dec 4-6, 2013.
- 5. Shashi Punam and Sandeep Sharma (2013), "Human rights and societal attitudes for girl children: a study of Una district in Himachal Pradesh international conference at AMU, Aligarh at Dec 4-6, 2013.
- 6. Sanjay Kumar and Shashi Punam (2013), "Does the son preference continue to persist in India?" International conference at AMU, Aligarh at Dec 4-6, 2013.
- 7. Shashi Punam and Sandeep Sharma (2013) "Gender Inequality in Health and Status of Women in Himachal Pradesh: a Case Study"1st South Asian History Conference organized by Punjabi University, Patiala, Punjab on 25- 27 October 2013.
- 8. Shashi Punam and P.C. Ryhal. (2013) "Women will soon get extinct: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh" 1st South Asian History conference organized by Punjabi University, Patiala, Punjab on 25- 27 October 2013.
- 9. Shashi Punam (2014): "Current issues and Challenges in Higher Education in India as well as Himachal Pradesh" International Seminar at Trisha PG. College of Education, Hamirpur (H.P.), Nov 8-9, 2014.
- 10. Shashi Punam (2015), "Religious Beliefs and Societal Attitude for girl children: a Case Study of Una District in Himachal Pradesh" 3rd South Asian History conference organized by Punjabi University, Patiala, Punjab on 15-17 October 2015.
- 11. Shashi Punam (2016), "Development and challenges of Tourism industry in Himachal Pradesh" International conference on prospects and Competitive challenges in global hospitality and tourism at Lovely Professional University, Jalandhar on 1st & 2nd April, 2016.
- 12. Shashi Punam (2016) "Gender Issues in Himachal Pradesh: Selective Discrimination against Female children" on gender equality and women's empowerment: dimensions, directions and challenges at JNV University Jodhpur, Rajasthan, on 25-26th Nov, 2016.
- 13. Shashi Punam (2017), "Role of Government, Media to reduce female foeticide and Female infanticide in India" on Domestic violence against women: Perspective, issue and suggestions at Sardar Patel University of Police, Security & criminal Justice, Jodhpur on 23-24 March.
- 14. Shashi Punam (2017)," Desire in the Mind: Male or Female in Indian Society" International conference on Birthing the New Humanity: Challenges and Prospects" on 3-6th November 2017 at Agriculture University, Palampur.
- 15. Shashi Punam (2017), "Femininity Disparity and Status of Women in Himachal Pradesh: Emerging Trends" 5th South Asian History conference organized by Punjabi University, Patiala, Punjab on 10- 12 Nov 2017.

- 16. Shashi Punam (2017), "Significant Role of Caste and Media in Indian Politics" International conference on Good Governance initiatives, Challenges & Prospectus at Department of Public Administration organized by Punjabi University, Patiala, Punjab on 13 Nov 2017.
- 17. Shashi Punam & Professor Kaushal Kumar Sharma, (2019), "Health Status of Tribes of HP: A Special Reference of Gaddi Tribes" International Conference on Global Environmental Challenges Human Health and Sustainable Development at JNU on 11-13 January.

Online Conference and Webinar:

- Online conference attends IGNOU centre 1179 at Sidhrath Govt College, Nadaun on 2012.
- Shashi Punam, 2020 has attended three days Webinar from 28th to 30th, May 2020 on "Development, Execution and Maintenance of epic project" Organized by Department of Civil Engineering Rajarambapu Institute of Technology, Rajaramnagar In association with Dhruv Consultancy Services Ltd., Navi Mumbai.
- Shashi Punam, 2020 has participated in the online National Webinar organized by Department of Social Sciences & Social Work, Bhakta Kavi Narsinh Mehta University, Junagadh on "CoViD-19: Socio-Cultural Impacts" held on 26th May 2020.
- Shashi Punam, 2020 has Successfully completed "National Level Quiz on Research Methodology", organized by Indian Academic Researchers' Association (IARA)-Gujarat wing.
- Shashi Punam, 2020 has participated in online "Quiz on Mahatma Gandhi" on 5/17/2020 with a pass in Ā score of 80%.
- Dr Shashi Punam has participated in three days National Workshop entitled "Research Methodology" held on from 13th to 15th June 2020.
- Dr Shashi Punam has participated in "International Webinars on 28- 30th June 2020" organized by Department of Music & Fine Arts, Sri Padmavati Mahila Visvavidyalayam, Tirupati.

Papers presented in National Conference/Seminar

- 1. P.C. Ryhal and Shashi Punam. (2008) "A study of decline sex ratio in Himachal Pradesh: A Case study "in conference held at Nanital organized by Department of sociology, Kamaoun University Nanital on dated (10-11March).
- **2.** P.C. Ryhal and Shashi Punam. (2008) "Conceptual and historical movement of Dalits in India" in conference organized by department of Sociology, Himachal Pradesh University Shimla-5 in March 28-29.
- **3.** Attended a National conference on "Advances in mathematics and its application" held during December 19-21 2008, at department of applied sciences and humanities at NIT Hamirpur.
- **4.** P.C. Ryhal and Shashi Punam. (2008) "The declining child sex ratio in Himachal Pradesh: A case study" conference organized by Department of Sociology, University of Rajasthan, Jaipur in 27-29 December.
- **5.** P.C. Ryhal and Shashi Punam. (2009) "The declining child sex ratio in Punjab: A case study" in national seminar held at Chandigarh CRIID on dated (3-5 March).
- **6.** P.C. Ryhal and Shashi Punam. (2009) Declining child sex ratio in Gangath village of district Kangra in Himachal Pradesh in conference held at organized by The University of Kashmir, Srinagar (10-12 October)

- 7. P.C. Ryhal and Shashi Punam. (2010) "Effects on human developmen indicators on Childs sex ratio in Himachal Pradesh" in conference organized by Department of Social sciences, BHU Banaras (UP) on dated (3-5 march).
- **8.** P.C. Ryhal and Shashi Punam. (2010) "Socio-economic and cultural dynamics of adverse child sex ratio-A case study of Una district in Himachal Pradesh" in conference organized by Department of Social sciences, BHU Banaras (UP) on dated (5-7 march).
- **9.** P.C. Ryhal and Shashi Punam. (2010) "A study of human development indicators and declining child sex ratio in Himachal Pradesh" in conference organized by Department of Social Sciences, BHU Banaras (UP) on dated (5-7 march).
- **10.** P.C. Ryhal and Shashi Punam. (2010) "The declining child sex ratio: A case study of Una District in Himachal Pradesh" in workshop held at Delhi, IIC, Lodhi Estate, New Delhi on dated 12-13 February.
- **11.** P.C. Ryhal and Shashi Punam. (2010) "Female Foeticide in Himachal Pradesh: Exploring the Socio- economic and Cultural factors" in conference organized by Ravenshaw University, Cuttack, 27-29 December.
- **12.** P.C. Ryhal and Shashi Punam. (2011), "Social –Psychological factor effecting female foeticide in Himachal Pradesh" present at Chennai (RGNITYD).
- **13.** P.C. Ryhal and Shashi Punam. (2011) "Sex selection and Son preferences in Himachal Pradesh: A case study" present at Jaipur University.
- **14.** P.C. Ryhal and Shashi Punam. (2011) "The endangered Sex: Neglect of female children in Himachal Pradesh" presented 37th All India sociological conference (December 10-13) Organized by: school of social sciences Jawaharlal Nehru University, New Delhi.
- **15.** Shashi Punam and P.C. Ryhal. (2011) "Discrimination against female children in Himachal Pradesh: a case study" presented at Tata institute of social sciences, organised in 9th of Indian Association for Social Sciences and health on 24-26 nov,2011.
- **16.** Shashi Punam and P.C. Ryhal. (2011) "Discrimination prevalence against the girl child in the society" present at B.S.M.P.G. College, Roorkee on 14-15, October.
- 17. Shashi Punam and P.C. Ryhal. (2012) "Women health: peril of pre-birth elimination and child sex ratio in Himachal Pradesh" at the tenth conference of Indian association for social sciences and health, held at Jawaharlal Nehru university, New Delhi, 21-23 Nov, 2012.
- **18.** Shashi Punam and P.C. Ryhal. (2012) "Human Rights of girl children and crimes against woman: a study of Una district in Himachal Pradesh "Organized By Department of Political Science, B.S.M.P.G.College, Roorkee 6 & 7, Nov 2012
- **19.** Shashi Punam and P.C. Ryhal. (2012) "Sex Selective Abortions and Female Foeticide in Himachal Pradesh" at Udaipur (Rajasthan), 30-31 December.
- **20.** Shashi Punam and P.C. Ryhal. (2012) "Development of Tourism in Himachal Pradesh: a case study" in National seminar at Department of Economics, Sidharth Government College Nadaun, 23-24 Nov 2012.

- **21.** Shashi Punam and P.C. Ryhal. (2012) "Where all girls gone from home of hills in Himachal Pradesh" at National Seminar on Gender, Law and Social Transformation in India (17-18 September, 2012)
- **22.** Shashi Punam and P.C. Ryhal. (2012) "Imbalance of the Sex Ratio at Birth in Himachal Pradesh: A case study," Organised by the IUAES Commission on Anthropology of Children, Youth and Childhood and the Kalinga Institute of Social Sciences (KISS), Bhubaneswar from 26th to 30th November 2012.
- **23.** Shashi Punam and Sandeep Sharma (2012) "Impact of road connectivity on Tourism in Himachal Pradesh: a case study" in National seminar at Department of Economics, Sidharth Government College Nadaun, 23-24 Nov 2012.
- **24.** Shashi Punam and P.C. Ryhal. (2013) "Women empowerment through Self Help Group in Himachal Pradesh", Regional Seminar at NSCBM Govt P.G. College Hamirpur on 8-9 March.
- **25.** Shashi Punam and P.C. Ryhal. (2013) "Daughter Elimination, Son Preference and Sex Ratio Patters in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
- **26.** Shashi Punam and Nisha Kumari (2013) "Unwanted girls, latest medical technology and Female foeticide in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
- **27.** Shashi Punam and Sandeep Sharma (2013) "Modern medical technology and sex selective abortion in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
- **28.** Shashi Punam and Sandeep Sharma (2013) "Demographic Changes and role of Mass Media to encourage Gender Equality in Himachal Pradesh: A case study" National seminar at IIFM Bhopal on March 21-23, 2013.
- **29.** Shashi Punam and P.C. Ryhal. (2013) "Violence against Women and Female Foeticide in Himachal Pradesh: Evidence from 2001 and 2011 Census data" National seminar at Himachal Pradesh University, Shimla on 21-22 August, 2013.
- **30.** Shashi Punam and Nisha Kumari (2013) "Analyses the socio-economic causes and factors of violence against women in Himachal Pradesh" National seminar at Himachal Pradesh University, Shimla on 21-22 August, 2013.
- **31.** Shashi Punam and P.C. Ryhal. (2013) "Poverty Alleviation Women Empowerment through Self Help Groups in Himachal Pradesh" National Seminar, Organized by B.S.M.P.G.College, Roorkee (Haridwar), October 04-05, 2013.
- **32.** Shashi Punam. (2013) "Gender Discrimination: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh" National Seminar at Jammu University at 22-23 Nov, 2013.
- **33.** Shashi Punam. (2013) "Gender role: misuse of medical technology" National Seminar at Jammu University at 22-23 Nov, 2013.
- **34.** Shashi Punam and P.C. Ryhal. (2013) "Health Services in Himachal Pradesh: a case study" 11th conference of Indian Association for Social Sciences and Health, held at SRM University, Tamilnadu at 26 28 December 2013

- **35.** Sandeep Sharma and Shashi Punam (2013) "Health Status and its Determinants in Himachal Pradesh: a case study" 11th conference of Indian Association for Social Sciences and Health, held at SRM University, Tamilnadu at 26 28 December 2013.
- **36.** Nisha Kumari and Dr. Shashi Punam (2013) Social Development and Health Status of Women in Himachal Pradesh: A Case Study" 11th conference of Indian association for social sciences and health held at SRM University, Tamilnadu at 26 28 December 2013.
- **37.** Shashi Punam and P.C. Ryhal. (2014) "Gender Discrimination and Health of Women in Selected Districts of Himachal Pradesh" National conference at Gokhale Institute of Politics and Economics, Pune at 6-7 January.
- **38.** Shashi Punam and Nisha Kumari (2014): "Social equity in Higher education and promotion in Himachal Pradesh" North- West Regional Seminar at NSCBM Govt. College Hamirpur.
- **39.** Shashi Punam (2014): "Conceptual and Historical movement of Minorities in India with special reference to Indian politics" National Seminar on Development of Socially Excluded Groups in India: Challenges and Strategies for Inclusion, Organized by Gandhigram Rural Institute Dindigul District, Tamil Nadu.
- **40.** Nisha Kumari, Dr. Shashi Punam and Sanjay Kumar (2014): "Caste and Social Equity in Himachal Pradesh" National Seminar on Development of Socially Excluded Groups in India: Challenges and Strategies for Inclusion Organized by Gandhigram Rural Institute Dindigul District, Tamil Nadu.
- **41.** Shashi Punam (2014): "Gender Discrimination in Child-Care Practices in Himachal Pradesh" National Seminar on Gender and Violence Organized by RC 10 'Gender Studies' Indian Sociological Society and Department of Sociology, Jamia Millia Islamia, New Delhi, 15-16 October.
- **42.** Sanjay Kumar & Dr. Shashi Punam (2014): "Concept of Gender Violence in Himachal Pradesh: A Case study" National Seminar on Gender and Violence: A Challenge for Equitable Society Organized by RC 10 'Gender Studies' Indian Sociological Society and Department of Sociology, Jamia Millia Islamia, New Delhi, 15-16 October.
- **43.** Shashi Punam (2014): Gender Inequality in Health and Status of Women in Himachal Pradesh: A Case Study"12th annual conference of IASSH, University of Lucknow, 21-23 Nov.
- **44.** Shashi Punam and Nisha Kumari (2014): Societal attitude toward girl child and son preference in India: A case study" 12th Annual Conference of IASSH, University of Lucknow, 21-23 Nov.
- **45.** Shashi Punam (2014), "Violence against Women: Does the Son Liking Continue to persist in India?" National Seminar, Violence against Women: Current Challenges and Future Trends Organized by B.S.M.P.G.College, Roorkee (Haridwar).
- **46.** Sandeep Sharma and Shashi Punam (2014) "Negative Societal feelings for girl children: a Case Study of Una district in Himachal Pradesh" National Seminar, Violence against Women: Current Challenges and Future Trends Organized by B.S.M.P.G.College, Roorkee (Haridwar).

- **47.** Shashi Punam (2015) "Education Institutions in Himachal Pradesh: Current Issues and Challenges in Higher education" NAAC one-day seminar at Shiva College of Education, Bilaspur (Himachal Pradesh), 14 February.
- **48.** Shashi Punam and Sanjay Kumar (2015) "Traditional Dance, Music Performance in Dev-Bhumi Himanchal" Thakur Jagdev Chand Samriti Shodh Sansthan Vill. Neri, PO. Khaggal, Distt. Hamirpur 177 001 (HP) on topic Contribution of Folklores in History Writing, 02 to 04 October 2015.
- **49.** Shashi Punam (2015) "Interrelating of caste and religion for gender inequality in Himachal Pradesh" XVIII North West Indian Sociological Conference by Guru Nanak Dev University, Amritsar on 2-3 November, 2015.
- **50.** Shashi Punam (2015) "Excellent Organizational Records Behaviour makes Effective Educational System" ON Academic and Administrative Audit of Teacher Education Institutions: Need of the Hour, by Rajrajeswari B.ed College, Bhota, December 22 & 23.
- **51.** Shashi Punam (2016) "Past and Present Scenario of Beda Releasing the tradition that clears all the obstructions of Soul" ICSSR sponsored seminar at Govt college Bhoranj on 13-14 Feb.
- **52.** Ms Tripta Kumari & Shashi Punam (2016) "Folk Culture of Himachal Pradesh: Some traditional dance, music performance of Bilaspur" ICSSR sponsored seminar at Govt college Bhoranj on 13-14 Feb.
- **53.** Shashi Punam (2016) "Right to Information Act: an indispensable tool for Good Governance in India" ICSSR sponsored seminar at DAV college Jalandhar on 20th Feb.
- **54.** Sandeep Sharma and Shashi Punam (2016) "Challenges and responsibilities of media in Democracy and Good Governance" ICSSR sponsored seminar at DAV college Jalandhar on 20th Feb, 2016.
- **55.** Shashi Punam (2016) "Innovative Methods of Teaching: potential to improve teacher learning process" NAAC Sponsored National Seminar on Role of Evaluation in Teaching Learning Process from March 15th to 16th, 2016 at DDM Sai College of Education.
- **56.** Ms Tripta Kumari & Shashi Punam (2016) "Developing the use of Information and Communication Technology to Enhance Teaching and Learning", NAAC Sponsored National Seminar on Role of Evaluation in Teaching Learning Process from March 15th to 16th, 2016 at DDM Sai College of Education.
- **57.** Shashi Punam (2016), "Poverty Alleviation: Women Empowerment through Selp Help Gropus in H.P. organised by B.S.M.P.G.College, Roorkee (Haridwar) on 17 Sep, 2016.
- **58.** Shashi Punam (2016) "Contemporary health status of tribal women: A study of a transhumant Gaddis population of Himachal Pradesh" 14th Annual Conference of IASSH at Gokhale Institute of Politics and Economics, Pune on 23-25 September.
- **59.** Shashi Punam (2016) "Socio-economic status of tribal women: A study of a Gaddi tribe population of Himachal Pradesh" Tribal Issues and Strategies for Empowerment at B.S.M.P.G.College, Roorkee (Haridwar) on 21-22 Oct, 2016.
- **60.** Shashi Punam (2017) "Health Status of Tribal Women: A Study of a Gaddi Tribe Population of Himachal Pradesh" organized by International Institute for Population Sciences National

- Seminar On "Population and Health in the Context of Sustainable Development Goals" at Bhubneshwer 11-13 January, 2017.
- **61.** Shashi Punam (2017) "Women Conflict: Violence against Female Children in Himachal Pradesh" organized by G.C Ghuwarwin on Women conflict at 11-12 March, 2017.
- **62.** Shashi Punam & Naina Sharma (2017), "The Role and Position of Women Ancient Society to Modern Society in India".
- **63.** Shashi Punam (2017), "Women Empowerment: Impact of Education in Women Empowerment" National Conference on Management, Economics & Social Sciences (NCMESS 2017) at NIT, Hamirpur (H.P.) on 14-15 July, 2017.
- **64.** Attend one-day Seminar on Drugs Abuse at District Court Hamirpur.
- **65.** Shashi Punam (2017), "Role and importance of Quality education in Our Schools" organized by Himachal Pradesh Shikshas Mahasang at Chota Shimla, Himachal Pradesh on 24 August.
- **66.** Shashi Punam (2017), The Role of Women in Panchayati Raj Institutions: Some initiated Programmes for Gender Empowerment in Himachal Pradesh organized by NWISA at Guru Nanak Dev University, Amritsar on 27-28th October, 2017.
- **67.** Shashi Punam (2017), "Gender Justice and Constitution: Women Conflict and Violence against Girl Children in Himachal Pradesh organized by Sardar Patel University of Police Jodhpur on topic Dimensions of criminal justice system in India on 2-3 Nov 2017.
- **68.** Shashi Punam & Sandeep Sharma (2017), "Good Governance and Right to Information Act in India: Justice and Equality". UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on We the people of India on 28-29th Dec.
- **69.** Shashi Punam (2018), "Gender and Regional Disparities in healthcare Growth in Himachal Pradesh", National conference on Roadmap for inclusive and Sustainable Economy at NIT, Hamirpur on 3-4 Feb, 2018.
- **70.** Shashi Punam (2018), "Violence against Women: Pre birth elimination and female foeticide in Himachal Pradesh", National Seminar on women as critical partners in an Egalitarian society: An Evaluation of the current status of India. Jointly organized by Association of Indian Universities and The North Camp University, Gurugram, Haryana held on 8-9 March.
- 71. Shashi Punam & Sanjay Kumar (2018)," Rights of Dalits and Women: A Socio-economic Status of Maanganiyar Community of Jaisalmer District of Rajasthan" National Conference on Work Culture, Society and Environmental Issues Sponsored by Indian Council of Social Science Research, New Delhi, Organized by Department of Zoology NSCBM Govt. College, Hamirpur, (March 24-25, 2018).
- **72.** Shashi Punam & Rohit Sharma (2018)," Role of Youth for National Building" 9th Science Youth Science Congress Organized by Career Point University, 7-9th April ,2018.
- 73. Shashi Punam (2018), "Role of higher education for the environment development and community development: a case study of Mehal Panchyat Hamirpur, HP", National conference on Environmental Challenges for New India at Dr. Bhim Rao Ambedker College, University of Delhi on 2-3 June, 2018.

- **74.** Shashi Punam (2018), "Tribal Health Status: Policies and Programmes for Tribal Women of HPr" 39th Annual conference of IASP at Banaras Hindu University on 18-20 Sep.
- **75.** Shashi Punam & Professor Kaushal Kumar Sharma, (2018), "Women Health and Development of Mountainous Communities of Himachal Pradesh: a Case study of Chamba District" National seminar at JNU, New Delhi on 13-14, Nov, 2018.
- **76.** Shashi Punam & Prof. Sanjay Kumar (2018), "Rights, Status and issues of Gaddi Women of Chamba District in Himachal Pradesh" State seminar at GC Hamirpur on 26th Nov, 2018.
- 77. Shashi Punam & Sanjay Kumar (2019)," Art and Culture of Tribes of Himachal Pradesh: A Special Reference of Gaddies Tribe" on 15 Feb, at Thakur Jugdev Chand Shodh Smiriti Sansthan, Neri, Hamirpur HP.
- **78.** Shashi Punam & Sanjay Kumar (2019)," Role of Self Help Group for the Women Empowerment in District Hamirpur of Himachal Pradesh" on 23 Feb, 2019 at NSCBM Government College Hamirpur, Himachal Pradesh.
- **79.** Shashi Punam (2019) "Femininity Dissimilarity and Child Sex Ratio in Himachal Pradesh" UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on Fev, 2019.
- **80.** Shashi Punam & Sanjay Kumar (2019)," Five Year Plan and Innovations in Higher Education in Himachal Pradesh" National conference on Quality of Higher Education on 27th March, 2019 at NSCBM Government College Hamirpur, Himachal Pradesh.
- **81.** Ms Pooja & Shashi Punam (2019), "Swachh Bharat Abhiyan: To Clean India" National Seminar on Understanding Environment & Biodiversity: Law, Governance, Development & Society Perspective on 27th April, 2019 at Career Point University, Hamirpur.
- **82.** Shashi Punam (2019), "The Role of Youth for Development and Traditional Knowledge" Ist National conference on Culture Development and Society on 22 23 Oct, 2019 at Government College Chamba, Himachal Pradesh.
- **83.** Shashi Punam (2019), "A Tradition of Beda Religion in Himachal Pradesh" National seminar on Paschami Himalaya Keshter main Rishi Parmpra on 23 -24 Nov, 2019 at Nari Shodh Sansthan, Hamirpur, Himachal Pradesh.
- **84.** Shashi Punam (2019), "Societal attitude for the Jallianwala Bagh in the Society", National Conference on Jaliyanwala Bagh Narsanhar ke Sow Varsh: Ek Punarabloken on 21 December 2019 at Government College Hamirpur, Himachal Pradesh.
- **85.** Shashi Punam (2020), "Best Path for Moral and Religion by Gandhian Views" UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on 29th Fev, 2020.
- 86. Shashi Punam & Ms Manjula (2022),आज़ाद हिन्द फौज में महिला नायकाओं का योगदान,National seminaron Revisting the role of Neta Ji Subash Chandra Bose to the Freedom struggle of India"on 8th&9th August,2022 at NSCBMGC Hamirpur.

Short Term Courses

- 1. Attended a short term training programme (sponsored by TEQP) on "water sanitation practices: traditional wisdom and modern technologies" on 22-26 July 2008 at NIT Hamirpur.
- 2. Attended a short term course on quality improvement programme at Indian Institute of technology Roorkee (Uttrakhand) for one Week (8.6.2009-12.6.2009).
- 3. Attended a short term course on "Science & technology of GEM manufacturing" from 24-24 July, 2010 at NIT Hamirpur (HP).
- 4. Participated in 25th annual course (Silver Jubilee) on computer applications in Social Sciences conducted by the centre for Social Studies, Surat from May 8-19, 2012.

Workshop

- 1. A National workshop on VLSI & Communication Systems (VCS-2008), from 5^{th} June 2008 to 6^{th} 2008 at NIT Hamirpur (HP).
- 2. A National workshop on "Usages of –E resources" organized by central library, NIT, Hamirpur (H.P) held on 9 august 2008.
- 3. A two-day workshop on Research Methodology and Quantitative Techniques with Software Applications 2010 at NIT Hamirpur w.e.f. 4/9/2010-5/9/2010.
- 4. Attended one-day workshop on "Social Science Research" organized by Indian sociological society at JNU, Delhi during 14 December (2011).
- 5. Attended three-day pre- conference workshop on "Approaches to Social Science Research" organized by Indian Association for Social Sciences and Health held at Tata Institute of Social Sciences, Deonar, Mumbai during 21-23 November 2011.
- 6. Participated in pre-conference workshop on approaches to social sciences research held at Jamia Millia Islamia, Department of Social Work, New Delhi, 19-20 Nov 2012.
- 7. Attended one-day sensitization workshop of AISHE All India Survey of Higher education by MHRD organized at Directorate of Higher education, Shimla, 19 January, 2016.
- 8. Participated in two days' workshop on Beti Padhao Beti Bachao Programme at Una on 21-22 January, 2016.
- 9. Participated one-day meeting cum workshop of AISHE All India Survey of Higher education by MHRD organized at Directorate of Higher education, Shimla, 30 December, 2016.
- 10. Attended three days workshop entitled "Case Writing Workshop" on 17.03.2017-19.03.2017 at NIT, Hamirpur (H.P).
- 11. Workshop on Prevention of Gender Biased Sex Selective elimination and Female infanticide in New Delhi for three days (2nd August to 4th August 2017).
- 12. Participated one-day Regional workshop of AISHE All India Survey of Higher education by MHRD organized at Punjab University Chandigarh, 8th June 2018.
- 13. Attended and delivered a lecture in one-day workshop "Activities Planning Workshop for Unnat Bharat Abhiyan for Village Clusters" conducted by department of Rural Development in collaboration with IIT, Delhi at National Institute of Technical Teachers Training & Research on 01.08.2018.
- 14. Attended a workshop on Intellectual Property Rights at JNU on January 10, 2019.

- 15. Attended seven days' National workshop on Research Methodology and Data analysis by ICSSR, IMPRESS at NIT Hamirpur Himachal Pradesh 24th June to 30th June 2019.
- 16. Attended three days National Workshop on Tech 4 Seva at IIT Delhi on August, 10-12, 2019.

EXTRA-CURRICULAR ACTIVITIES

- Participated in Cultural Activities and Games.
- Participated in Carom Competition Conducted by Govt Sen, Sec. School Kashmir.
- Participated in Poetry Competition Conducted by Govt Sen, Sec. School Bhoranj.
- Participated and winner in Essay Competition Conducted by Govt College Hamirpur.
- Participated and winner in the Poster-Making competition organized by Youth Development Centre, HP University Shimla.
- Participated in the Slogan Writing competition organized by Gautum Girls College, Hamirpur.
- Participated in National Level Quiz Competition.

GUEST LECTURE

- Delivered a guest lecture entitled "Important Constitutional & Legal Provisions for Women in India" at Raj Rajeshwari B.Ed College on 18 Feb, 2016.
- Delivered a guest lecture entitled "How to Make Preparation for Judicial Services" on 21 .04.2017 at Career Point University, Hamirpur.
- Delivered a guest lecture entitled "Women Empowerment in India" at Delhi University (DCRC) on 5 May, 2017.
- Delivered a guest lecturer in induction programme for the teachers entitled "Seven Habits of Effective People" at Jawahar Navodaya Vidyalaya, Dungrin Hamirpur on 19 May, 2017.
- Delivered a guest lecturer on "Beti Bachao Beti Padhao" at Raj Rajeshwari B.Ed College on 24th Feb, 2018.
- Delivered a guest lecturer on "Swachh Bharat Abhiyan" at Govt Sen Sec School Bangana on 2 Feb, 2019.
- Delivered a guest lecturer on "Swachh Bharat Abhiyan" and Free Legal Aids at Govt College Nurpur Sep, 2019.
- Delivered a guest lecturer on "Swachh Bharat Abhiyan" and Free Legal Aids at Govt College Chamba, 2019.
- Delivered a guest lecturer as Key Speaker on "Beti Bachao Beti Padhao" at Govt College Palmpur on Oct, 2019.
- Delivered a guest lecturer on "Beti Bachao Beti Padhao & Swachh Bharat Abhiyan" at Trisha College of Education on Feb, 2020.
- Delivered a guest lecturer on "Beti Bachao Beti Padhao" at Hamirpur College of Education on Feb, 2020.
- Delivered a guest lecturer as Key Speaker on "Beti Bachao Beti Padhao" at Govt College Nadaun on March, 2020.

- Delivered a guest lecture as a key speaker on Understanding University Social Responsibility: Perspective of Community Development on 27 Sep, 2021 at CPUH.
- Delivered a lecture as a Resource Person on Data Collection Strategies: Use of Observation, Discussion/ FGD and Social Media in Research on Capacity Building Programme funded by ICSSR on 28 April, 2022 at CUHP.
- Delivered a lecture as a Resource Person on the topic Data Source in Social Science Research & Developing Research Tools for Collecting Primary Data in the Capacity Building Programme funded by ICSSR on 28 April, 2022 at CUHP.

Articles published in Newspaper

Thirty articles focused on Social problems and women, Health, Environment, COVID-19 and Female Foeticide in Himachal Pradesh published in daily news paper "Giriraaj" "Aapka Faisla" Dainek Nayay Setu" and "Himachal Kesari" on months, December 2010- 2012.

- Attending minni Lit Fast-2018 at Hamir Bhaban, Hamirpur on Dec 9, 2019.
- Blood donated at Jalliayanwala Bag camp ASR on dated 30/06/2012.
- Blood donated and organized Blood Donation Camp at Career Point University on dated 25/09/2014, 2016, 2017, 2018, 2019 and 2020.
- Social Activities for Community: Doing lot of activities like awareness of Swachhat Bharat Abhiyan, health problems, environment education, enhance their traditional skills ,dishes, games blood donation camp, social skill development for adopted villagers' especially for women.

Referrers Name

- 1) Piar Chand Ryhal Professor, Department of Humanities and Social Sciences, National Institute of Technology, Hamirpur-177005
- 2) Prof & Dean Kaushal Kumar Sharma, JNU Department of Social Sciences, New Delhi.

DECLARATION:

I, Dr. Shashi Punam, hereby declare that all the information furnished above is true to the best of my knowledge and nothing material has been concealed thereof.

Date:	
Place	(Dr. Shashi Punam)